

Channel audit

Help, telemedicine



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Stories and memes from the world of telemedicine. Content is for entertainment and may not be accurate. Chat: @teles0si Contact: @Telemedicalbot

SUBSCRIBERS

13 937

-20 per month

ERR (% SEE POSTS)

11.0%

per day 7.5%

REACH/POST

1.4K

ad reach 1.1K/24h

— CONTENTS · 2026

What's inside the report

01 Channel snapshot

12 key metrics · AI summary

02 Content analysis

Top-5 posts · worst 3 · takeaways

03 Subscriber dynamics

Yearly chart · growth

04 Quotability

Who mentions the channel and how

05 Ad potential

How long a post brings reach

06 Competitors

Niche neighbors · your spot

07 Mention dynamics

6 months · monthly

08 Niche comparison

Position in «Medicine» category

09 Strategy

5 priority actions

SECTION 01 · CHANNEL SNAPSHOT

Key channel metrics

Each card is a separate channel health indicator. The subtitle below the number shows the period it covers.

 SUBSCRIBERS 13 937 —	 SUBSCRIBER REACH 10.25% avg % of subs see post	 VIEWS/POST 1.4K median 1.4K · 27 days	 POSTS/DAY 34.8 ~244 per week
 7D TREND -3.7% vs previous week	 REACTIONS/POST 27.4 total 26,572 reactions, 26,018 reposts, 2,751 comments	 POST LENGTH 239 chars median 99 · 27 days	 POSTS ANALYZED 971 27 days
 AD REACH 1.1K 24h avg	 CHURN / MONTH -20 over the last month	 QUOTABILITY 243 citation index · 1,467 channels mentioned ever	 CHANNEL AGE 9 years 2 months created 28.04.2017

AI EDITOR SUMMARY

Channel «Help, telemedicine 🐦🐦🐦🐦🐦🐦🐦🐦 44444444444444444444» – 13 937 subs. Each post averages 1.4K people (10% of subs), reach is low – consider expanding audience. Publishes 244 posts per week (~35/day) – very active posting. For the week of Jul 6–12, reach stable (-3.7% vs week June 29 – July 5).

SECTION 02 · CONTENT ANALYSIS

What works best

Top posts by engagement and outsiders – to see what to repeat and what to remove from rotation.

WHAT SUCCESSFUL POSTS HAVE IN COMMON

- 01 Analysis based on 971 posts over 27 days.
- 02 Dominant format – Photo (714/971 posts).
- 03 Avg post length – 239 chars (median 99).
- 04 Peak audience activity – Tuesday, 08:00 MSK.
- 05 Top posts get 13x more views than the weakest (3.1K avg for top vs 230 for worst) – among 971 posts over 27 days. Worth analyzing what the top has in common: topic, format, time.

TOP 5 POSTS

Nº1 25.06 · 13:58 PHOTO (post without caption – photo)	VIEWS 3 190 REPOSTS 66	REACTIONS 53 ER 22.9%
Nº2 29.06 · 18:46 VIDEO (post without caption – video)	VIEWS 3 170 REPOSTS 88	REACTIONS 22 ER 22.7%
Nº3 09.07 · 20:04 PHOTO (post without caption – photo)	VIEWS 2 810 REPOSTS 51	REACTIONS 26 ER 20.2%

Nº4

10.07 · 15:11

PHOTO

(post without caption – photo)

VIEWS

2 805

REACTIONS

26

REPOSTS

30

ER

20.1%

Nº5

25.06 · 14:07

PHOTO

(post without caption – photo)

VIEWS

2 801

REACTIONS

31

REPOSTS

48

ER

20.1%

WORST 3

↓

21.06 · 20:22

PHOTO

(post without caption – photo)

VIEWS

362

REACTIONS

4

REPOSTS

7

ER

2.6%

↓

22.06 · 21:01

PHOTO

(post without caption – photo)

VIEWS

203

REACTIONS

3

REPOSTS

2

ER

1.5%

↓

22.06 · 21:00

PHOTO

(post without caption – photo)

VIEWS

126

REACTIONS

3

REPOSTS

4

ER

0.9%

SECTION 03 · SUBSCRIBER DYNAMICS

How the channel grew over the year

Subscriber growth chart for the year. Key months show exact subscriber count.
Shows which months the channel gained or lost subs.



PERIOD START

13 612

NOW

13 937

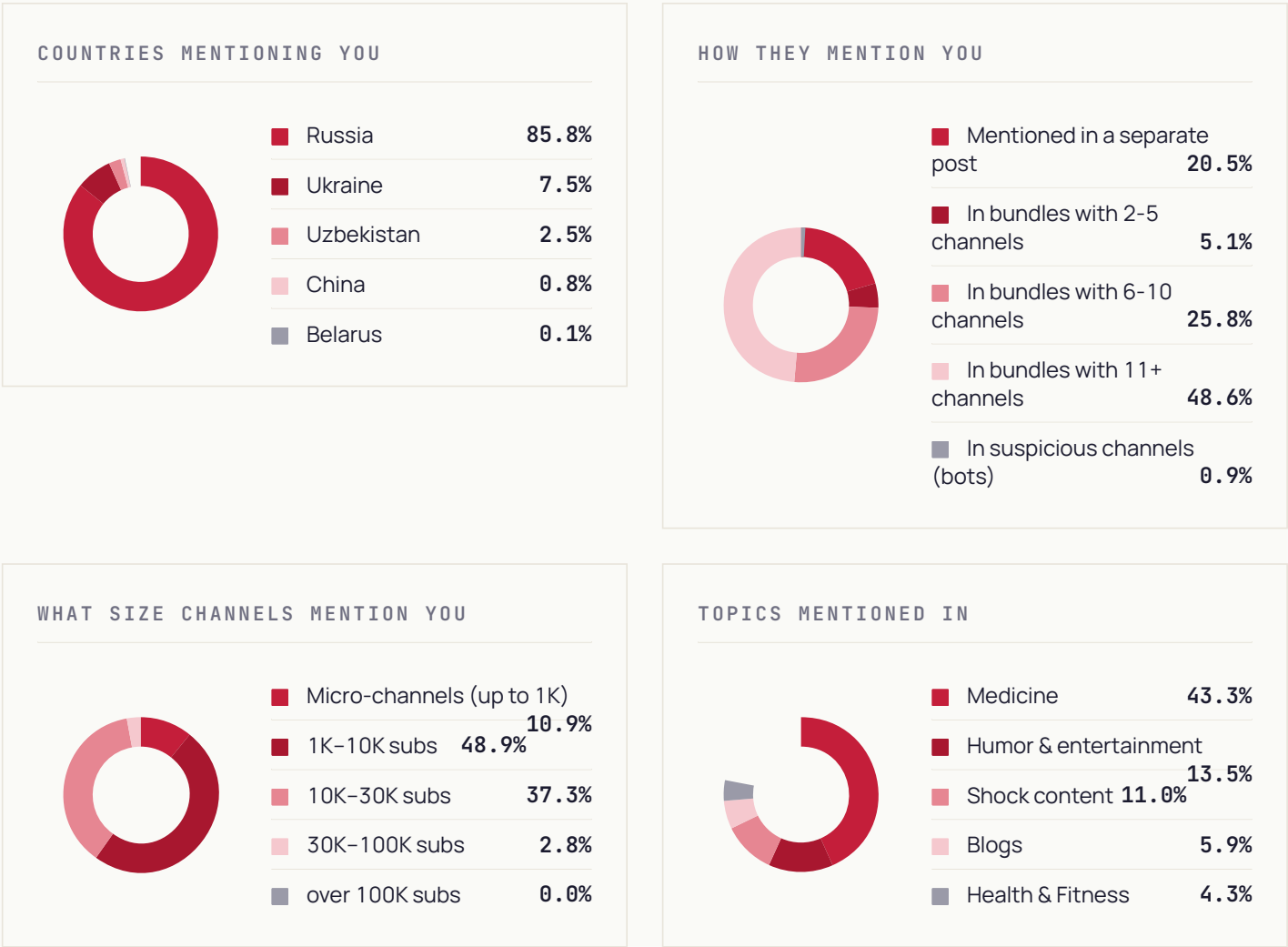
NET GROWTH

+325

SECTION 04 · MENTIONS

Who mentions the channel and how

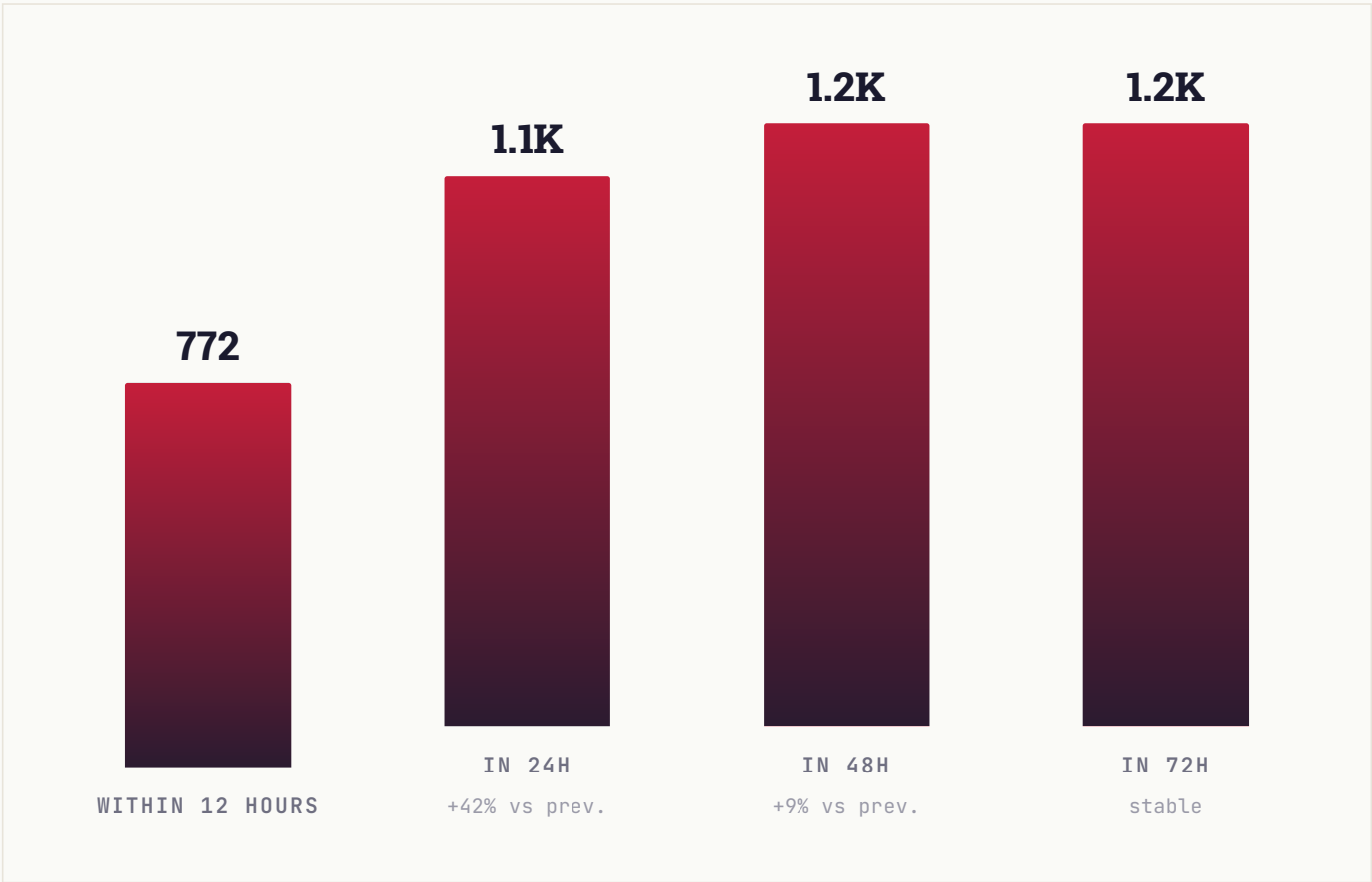
Citation index **243** — channel popularity rating based on mentions. Considers not only quantity but also weight of mentioners: a post from a 100K subs channel weighs more than from a 1K subs channel. All-time channel mentions **1 467** different channels.



SECTION 05 · AD POTENTIAL

How long a post brings reach

Avg reach of ad post by time since publication. Helps estimate how long a placement should 'live'.



SECTION 06 · COMPETITORS

Who you compete with

11 nearest channels by topic and audience. Highlighted your channel — you can see its rank among niche neighbors.

CHANNEL	SUBSCRIBERS
DT Dr Tel	755.5K
BI Blog from the morgue	354.1K
تا تعليم اللغة الإنجليزية 🧑🏫	328.2K
🩺 الجراحة 🩺 Surgery 🩺 - Crypto currency	318.4K
EM Endocrinologist Magerya	292.5K
EP EXPERIENCED PHARMACIST	264.6K
AP APTEKA_TV	241.5K
MM Moscow Medicine	237.8K
🌿 F 🌿 Folk medicine 🌿	235.1K
Health HealthControl	222.2K
PT Help, telemedicine 🐥🐥🐥🐥🐥🐥🐥🐥 44444444444444444444 YOU	13.9K

COMPARATIVE CONCLUSION

Channel not yet outside top-97 of niche — early growth stage. Niche leader — Dr Tel (755.5K), top-97 median: 103.2K. First goal: enter top-97 through systematic traffic and content work.

SECTION 07 · MENTION DYNAMICS

How often the channel is mentioned

Every month we track posts in other channels that mention yours. Over the last **6 months** such mentions were **39**, they brought **681** new subs.

PERIOD	MENTIONS	CHANNELS	SUBS ACQUIRED	
January 2026	20	14	71	
December 2025	0	0	45	
Nov 2025	8	8	37	
Oct 2025	6	6	140	
September 2025	2	2	132	
August 2025	3	3	256	

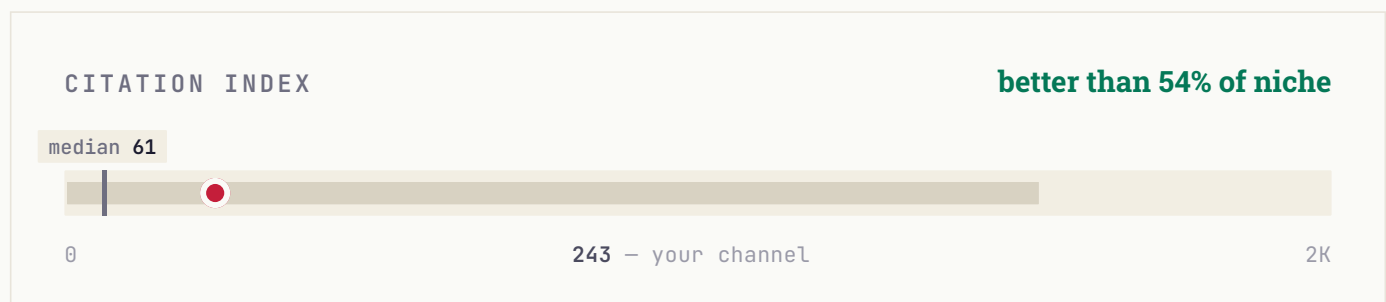
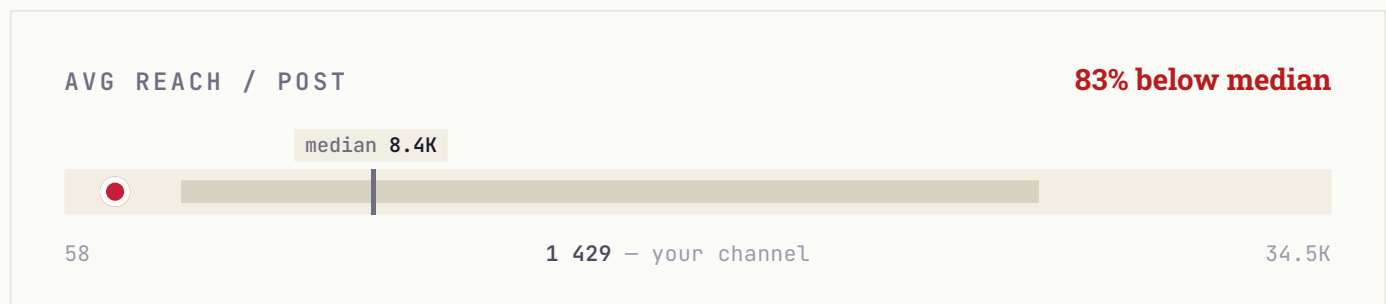
TOTAL MENTIONS	MONTHS OF DATA	SUBS ATTRACTED
39	6	681

Where the channel ranks in its league

SUBSCRIBERS 87% below median

A horizontal bar chart comparing a channel's subscriber count to a median. The chart has a light beige background. A dark beige bar represents the channel's performance, starting from a red dot on the left. A vertical line marks the median at 105.1K. The channel's count is 13,937, which is 87% below the median. The range from 36.2K to 284.7K is shown as a lighter beige bar.

Metric	Value
Channel Subscribers	13 937
Median	105.1K
Range (Min-Max)	36.2K - 284.7K



— SECTION 09 · STRATEGY

What to do right now

5 priority actions ranked by expected impact. Check off and revisit this report in a month.

01

Top post of the week — Tuesday

Audience is most active on this day at 08:00 MSK.

EFFECT

**Best window
for an
important post**

02

System traffic purchase

Three formats for your media: **Inhouse** (premium channels), **Native** (native integrations), **Premium** (target audience). PromptPress finds sources for your niche.

EFFECT

**+1000-3000
subs**

03

Test polls and interactive formats

Posts with polls/reactions usually boost ER by +5-15%.
One weekly poll on a hot topic is an easy growth lever.

EFFECT

+5-15% ER

04

Cross-promo with neighboring channels

Cross-post with same-segment channels quarterly. 2-3 collabs give relevant growth — no need daily.

EFFECT

**Growth from
relevant
audience**

05

Update channel description for Telegram search

Telegram search scans descriptions. Add 3-5 niche keywords — it's a source of organic traffic.

EFFECT

**Organic traffic
source**

★ WHAT'S NEXT

Want this done by **PromptPress?**

This audit is what we can do in a few minutes based on public data. If you want to go further — run ads through us and close your growth plan in a month.

01	Launch Telegram ads	https://panel.promptpress.com/register
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02	Contact manager	t.me/PromptPress_manager
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