

PUBLIC REPORT BY PROMTPRESS

Channel audit

Sabina on Stories, Reels & content



@stories_png_7

Channel with ideas for stories, reels and your inspiration. Subscribe and stay trendy ❤️ Pinterest channel https://t.me/pro_pinterest ❤️ Collaboration https://t.me/pr_na_kanale_storiess GB

SUBSCRIBERS	ERR (% SEE POSTS)	REACH/POST
31 946	11.0%	3.5K
-419 per month 13.07.2026	per day 3.8% HTTPS://PROMTPRESS.COM/AUDIT/STORIES_PNG_7	ad reach 1.2K/24h

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SECTION 01 · CHANNEL SNAPSHOT

Key channel metrics

Each card is a separate channel health indicator. The subtitle below the number shows the period it covers.

 SUBSCRIBERS 31 946 —	 SUBSCRIBER REACH 10.85% avg % of subs see post	 VIEWS/POST 3.5K median 3.7K · 28 days	 POSTS/WK 10.4 over period
 7D TREND -17.3% vs previous week	 REACTIONS/POST 37.8 total 1,589 reactions, 1,061 reposts, 1 comment	 POST LENGTH 294 chars median 348 · 28 days	 POSTS IN ANALYSIS 42 28 days
 AD REACH 1.2K 24h avg	 CHURN / MONTH -419 last month	 CITATION INDEX 179 citation index · 310 channels mentioned all time	 CHANNEL AGE 3 years 9 months Created 28.09.2022

AI EDITOR SUMMARY

Channel «Sabina about Stories, Reels and Content» — 31 946 subs. Each post averages 3.5K people (11% from subs), reach is low — consider expanding audience. Publishes 10 posts per week (~1/day) — regular schedule. For the week of Jun 29 – Jul 5, reach dropped by -17.3% by week Jun 22–28 — analyze reasons.

SECTION 02 · CONTENT ANALYSIS

What works best

Top posts by engagement & underperformers – to see what to repeat and what to drop.

WHAT SUCCESSFUL POSTS HAVE IN COMMON

- 01 Analysis based on **42** posts over 28 days.
- 02 Dominant format – **Photo** (21/42 posts).
- 03 Avg post length – **294** chars (median 348).
- 04 Audience peak activity – **Friday**, 13:00 MSK.
- 05 Strongest posts get **2x** more views than weakest (4.5K avg top vs 2.3K worst) – among 42 posts in 28 days. Analyze what top shares: topic, format, timing.

TOP 5 POSTS

Nº1 19.06 · 10:02 TEXT #stickers	VIEWS 4 773 REPOSTS 85	REACTIONS 44 ER 14.9%
Nº2 15.06 · 06:02 PHOTO Trendy fonts for design🖋️ Continuing our font series. Today I've prepared a new aesthetic font selection for you...	VIEWS 4 491 REPOSTS 15	REACTIONS 23 ER 14.1%
Nº3 22.06 · 06:18 PHOTO Good summer morning!📖🍷 Today I've prepared stickers for you on the theme: «Good morning». Using these stickers, your stories will become...	VIEWS 4 307 REPOSTS 40	REACTIONS 115 ER 13.5%

Nº4 26.06 • 06:04 **PHOTO**

📷 Found an amazing filter for your photos!💖🔗 Continuing our photo editing series. Today I've prepared a cool, and most importantly...

VIEWS
4 292

REACTIONS
27

REPOSTS
9

ER
13.4%

Nº5 22.06 • 10:00 **TEXT**

#stickers

VIEWS
4 288

REACTIONS
42

REPOSTS
68

ER
13.4%

WORST 3

↓ 09.07 • 06:01 **PHOTO**

New batch of creative fonts for design🔗 Continuing the fonts series. Today I've prepared a new aesthetic selection...

VIEWS
2 435

REACTIONS
36

REPOSTS
10

ER
7.6%

↓ 09.07 • 09:00 **TEXT**

#fonts

VIEWS
2 259

REACTIONS
13

REPOSTS
13

ER
7.1%

↓ 10.07 • 06:01 **PHOTO**

📷 Aesthetic photo editing right on your phone. - Did you know you can edit photos not only in editors and third-party...

VIEWS
2 178

REACTIONS
24

REPOSTS
9

ER
6.8%

SECTION 03 · SUBSCRIBER DYNAMICS

How the channel grew over the year

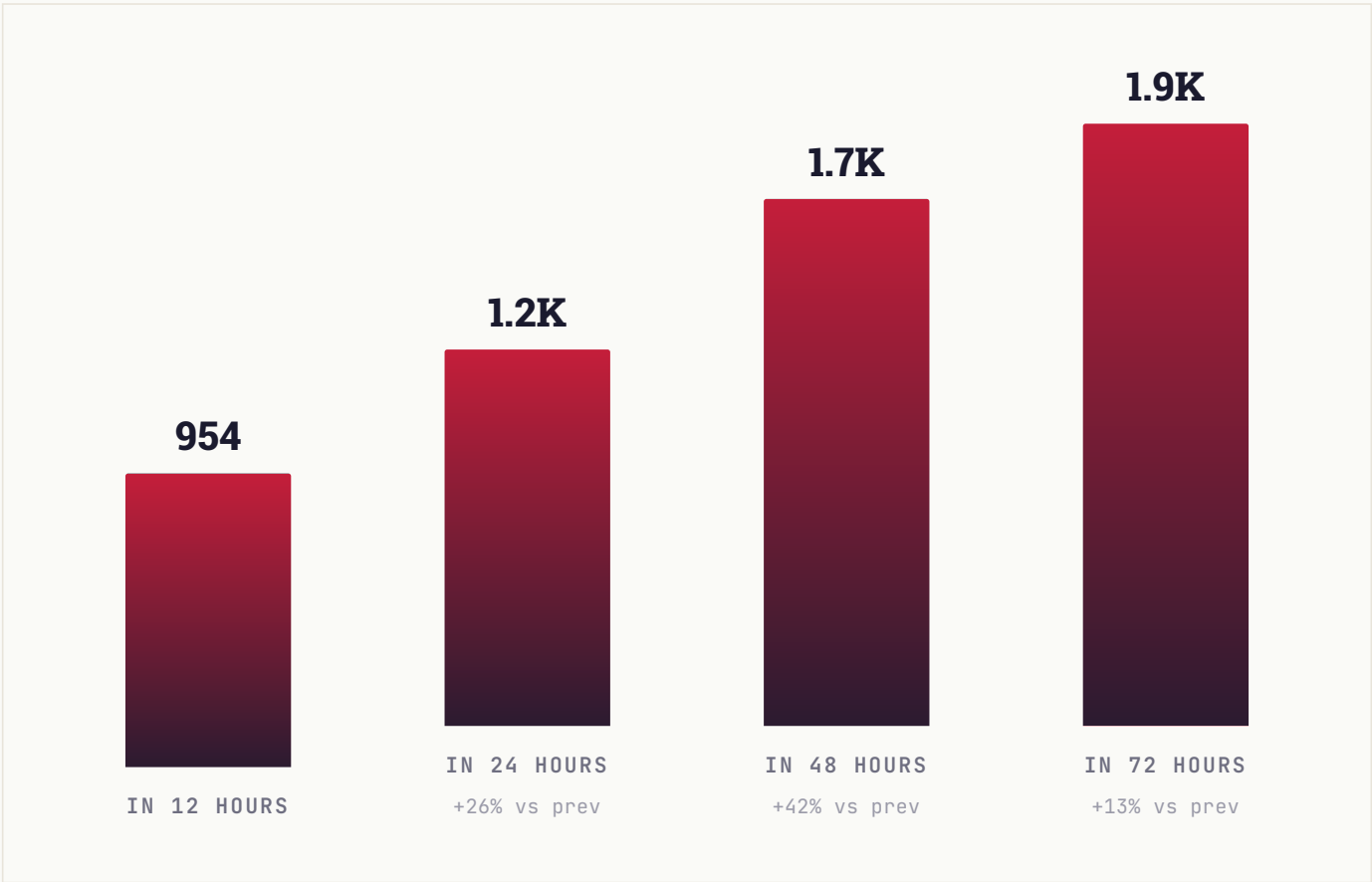
Subscriber growth chart for the year. Key months show exact subscriber count. See which months the channel grew and which it lost subs.



SECTION 04 · AD POTENTIAL

How long a post generates reach

Avg reach of an ad post over time since publication. Helps estimate how long a placement should 'live'.



SECTION 05 · COMPETITORS

Who you compete with

11 nearest channels by topic & audience. Your channel is highlighted — see its rank among niche peers.

CHANNEL	SUBSCRIBERS
استوری اینستاگرام	439.7K
آهنگ موزیک جدید شاد	349.5K
ربات دانلود استوری و پست از اینستاگرام	207.3K
VD VIDEOS FOR STORIES	137.5K
ShC Cap Cut Templates Kap Kut	131.3K
P• piaceim • presets & blogging	126.3K
نسب NESA PIRUZIFARD انسا پیروزی فرد	124.2K
AA ĀAKLAB	115.2K
ShC CAPCUT TEMPLATES KAPKUT KUT	113.6K
CP PNG STICKERS FOR STORIES	110.6K
SP Sabina on Stories, Reels & content YOU	31.9K

COMPARATIVE CONCLUSION

Channel in bottom half of top-100 niche (#52 of 99). Niche median — 32.8K subs. First growth KPI — reach the median. Leader: استوری اینستاگرام (439.7K).

SECTION 06 · MENTION DYNAMICS

How often the channel is mentioned

Every month we track posts in other channels that mention your channel. Over the last **6 months** such mentions occurred **1 306**, they brought **4 106** new subs.

PERIOD	MENTIONS	CHANNELS	BROUGHT SUBS
Jan 2026	474	17	172
December 2025	281	14	743
November 2025	163	18	273
October 2025	138	21	1 311
September 2025	228	20	858
August 2025	22	9	749

TOTAL MENTIONS	MONTHS OF DATA	ATTRACTED SUBS
1 306	6	4 106

SECTION 07 • NICHE COMPARISON

Where your channel ranks in its league

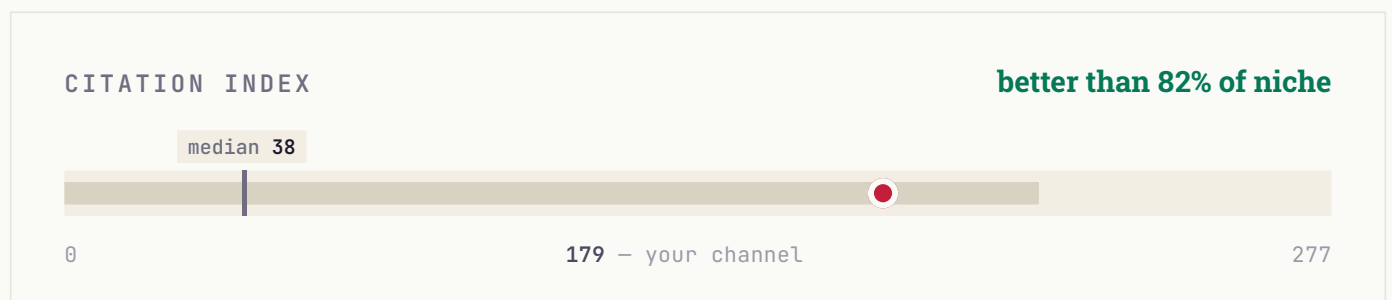
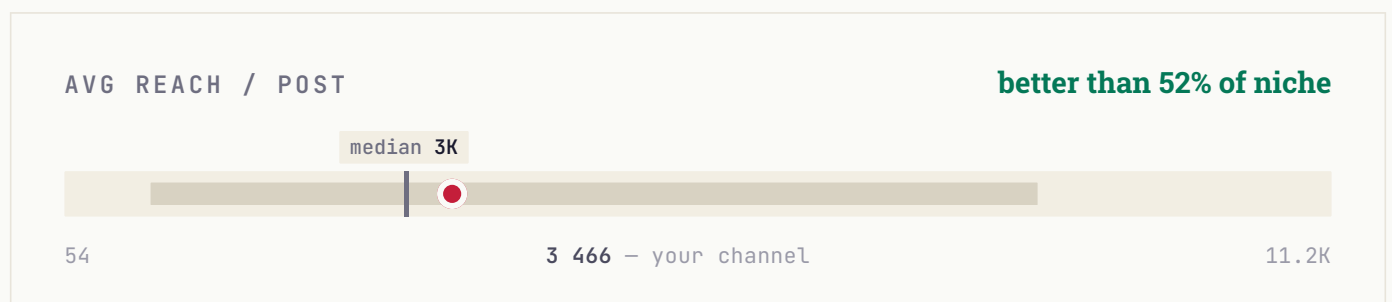
Took top-**100** channels in category "Instagram» (Russia) and saw how your channel compares. Gray band — range where 80% of niche channels fall (p10 to p90). Black vertical — median. Red dot — your channel.

#52

/100

POSITION IN NICHE

Channel in the bottom half of the ranking



— SECTION 08 · STRATEGY

What to do right now

5 priority actions sorted by expected impact. Check them off and revisit this report in a month.

- 01

Main post of the week — on Friday

Audience most active on this day at 13:00 MSK.

EFFECT

Best window for an important post
- 02

Increase video posts share

Video in Telegram holds attention longer and is favored by the algorithm. Aim for 15-25% video share.

EFFECT

Video retains audience better
- 03

Systematic traffic buying

Three formats for your media: **Inhouse** (premium channels), **Native** (organic integrations), **Premium** (target audience). PromptPress finds sources for your niche.

EFFECT

+1000-3000 subs
- 04

Test polls & interactive formats

Posts with polls/reactions usually boost ER by 5-15%.
One poll per week on a hot topic is an easy win.

EFFECT

+5-15% ER
- 05

Cross-promo with neighboring channels

Exchange posts quarterly with channels in the same niche. No need daily — 2-3 collabs give relevant growth.

EFFECT

Relevant audience growth

★ WHAT'S NEXT

Want this done by **PromptPress?**

This audit is what we can do in minutes using public data. Want to go further? Run ads with us and hit your growth plan in a month.

01 Launch Telegram ad <https://panel.promptpress.com/register>

02 Contact manager t.me/PromptPress_manager
