

PUBLIC PROMTPRESS REPORT

Channel audit

Nastasizzz01



@nastasizzz01

Артикулы https://t.me/nastasiz01_bot My shop <https://t.me/nastasizshowroom> Collab-@lebedveta RKN: <https://gosuslugi.ru/snet/6836d993052e4e4fcff7edcb>

SUBSCRIBERS

38 447

+140 per month

ERR (% SEE POSTS)

52.0%

last day **25.2%**

REACH/POST

19.2K

ad reach **9.7K/24h**

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SECTION 01 · CHANNEL SNAPSHOT

Key channel metrics

Each card is a separate channel health indicator. The subtitle under the number shows the period it covers.

 SUBSCRIBERS 38 447 —	 SUBS REACH 50.04% avg % subs see post	 VIEWS/POST 19.2K median 19.6K · 28 days	 POSTS/WEEK 4.9 for period
 7D TREND -13.0% vs previous week	 REACTIONS/POST 302.4 only 6,047 reactions, 317 reposts, 346 comments	 POST LENGTH 139 chars median 35 · 28 days	 POSTS ANALYZED 20 28 days
 AD REACH 9.7K 24h avg	 CHURN / MONTH +140 last month	 CITATION RATE 3 citation index · 16 channels mentioned all time	 CHANNEL AGE 2 years 1 month created 28.05.2024

EDITOR AI SUMMARY

Channel «Nastasizzz01» — 38 447 subs. Each post avg views 19.2K people (50% of subs), wide reach for a channel this size. Publishes 5 posts/week (~1/day) — rare. Week Jul 6–12 reach dropped -13.0% by week Jun 29 – Jul 5 — worth analyzing.

SECTION 02 · CONTENT ANALYSIS

What works best

Top posts by engagement and outsiders – to see what to repeat and what to drop from rotation.

WHAT TOP POSTS SHARE

- 01 Analysis based on 20 posts over 28 days.
- 02 Dominant format – Photo (9/20 posts).
- 03 Avg post length – 139 chars (median 35).
- 04 Peak audience activity – Friday, 22:00 MSK.
- 05 Top posts get 2× more views than the weakest (25.5K avg for top vs 15.3K for worst) – among 20 posts in 28 days. Analyze what the top share: topic, format, timing.

TOP 5 POSTS

Nº1 26.06 · 19:31 PHOTO 	VIEWS 27 865 REPOSTS 8	REACTIONS 448 ER 72.5%
Nº2 24.06 · 15:58 TEXT And I never post from my own account for obvious and logical reasons; my manager, whom you can find in my...	VIEWS 24 794 REPOSTS 1	REACTIONS 106 ER 64.5%
Nº3 23.06 · 20:08 VIDEO Sleeping?	VIEWS 23 957 REPOSTS 13	REACTIONS 475 ER 62.3%

Nº4 24.06 · 15:40 TEXT Reminder: I never ask for money for prize delivery. If someone writes pretending to be me, don't send...	VIEWS 23 000 REPOSTS 3 REACTIONS 121 ER 59.8%
Nº5 19.06 · 08:02 PHOTO Girls, Krasnoyarsk 📍 anyone have a slot for eyelash extensions today? 🧐	VIEWS 22 954 REPOSTS 10 REACTIONS 300 ER 59.7%
WORST 3	
↓ 13.07 · 07:44 TEXT 💖 You've got a new message! Can you tell me how you got your puppy? I'm really curious 🙄🙄🙄🔄 Swipe to reply.	VIEWS 16 371 REPOSTS — REACTIONS 40 ER 42.6%
↓ 13.07 · 03:45 TEXT https://t.me/paramonova_as/13027 I'm speechless... goosebumps, truly sorry 💔	VIEWS 15 632 REPOSTS 8 REACTIONS 310 ER 40.7%
↓ 14.07 · 18:41 PHOTO There was a giveaway Waiting for winner's reply	VIEWS 13 793 REPOSTS 26 REACTIONS 165 ER 35.9%

SECTION 03 · SUBSCRIBER DYNAMICS

How the channel grew over the year

Subscriber growth chart for the year. Key months show exact subscriber count. See which months the channel gained or lost subs.



PERIOD START

23 168

NOW

38 447

NET GROWTH

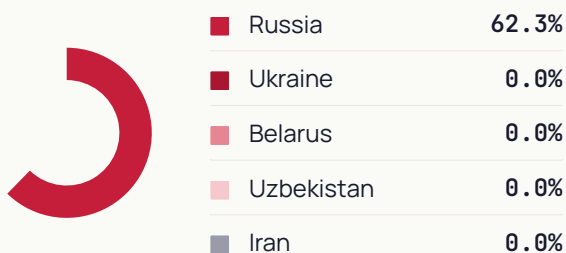
+15 279

SECTION 04 • MENTIONS

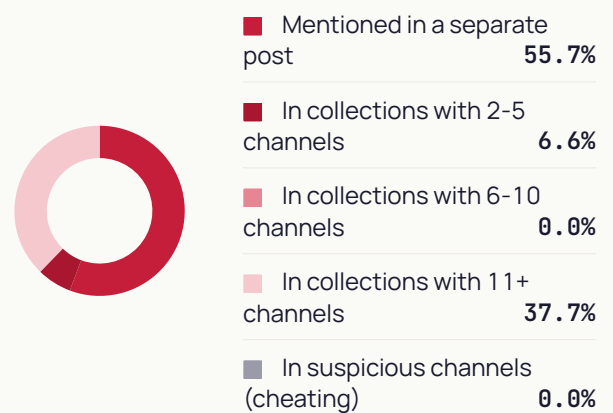
Who and how mentions the channel

Citation index **3** — channel popularity rating based on mentions. Considers not just count but weight of mentioning channels: a post from a 100K subs channel weighs more than from a 1K subs channel. All-time mentions: **16** different channels.

COUNTRIES MENTIONING



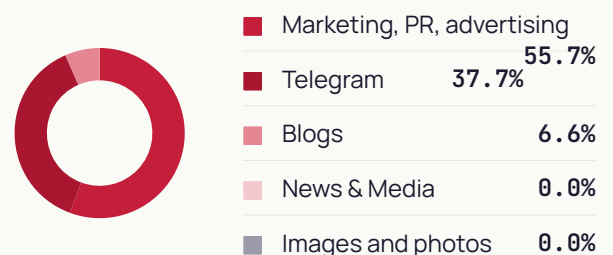
MENTION FORMAT



SIZE OF CHANNELS MENTIONING



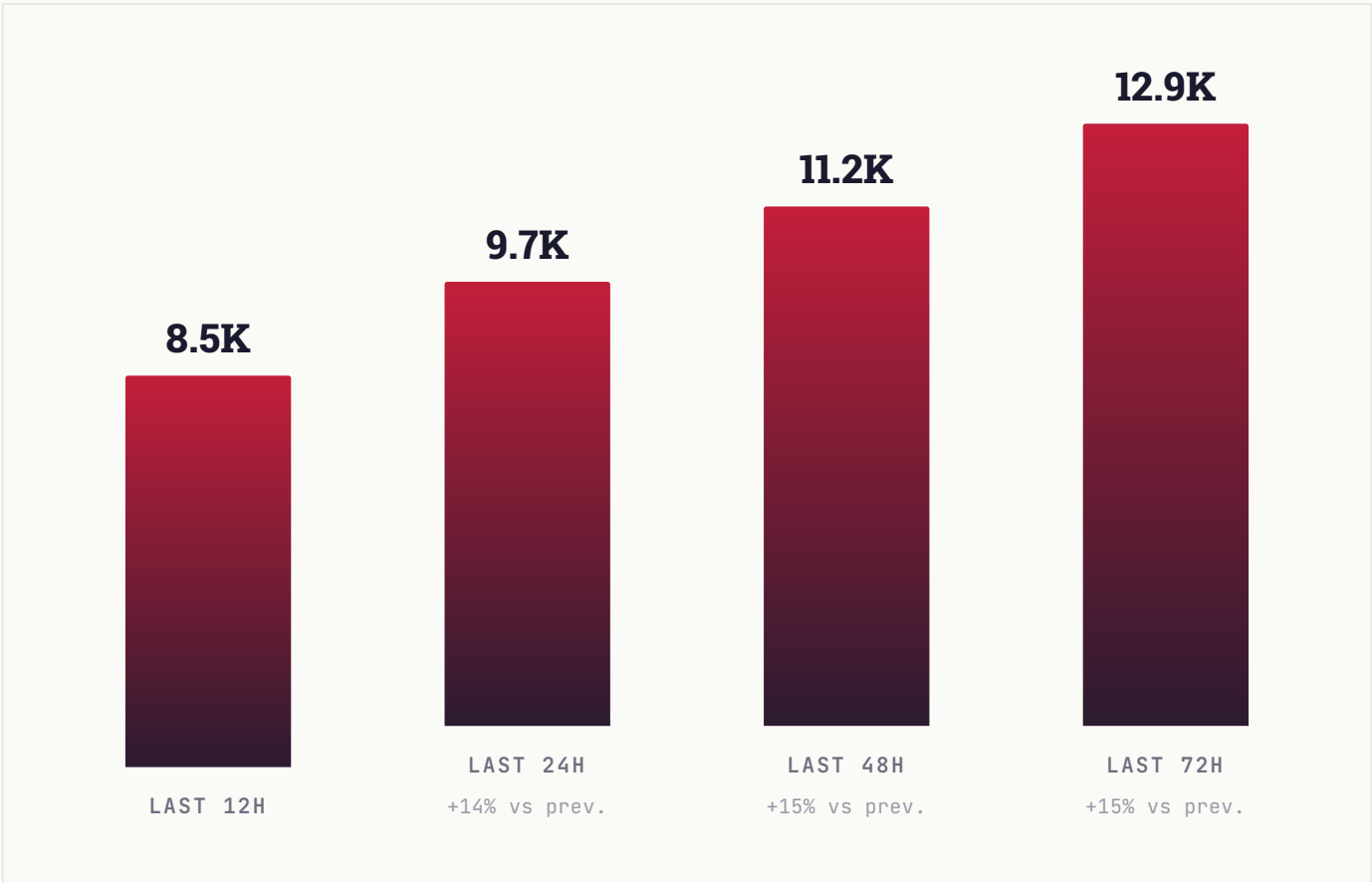
MENTIONED TOPICS



SECTION 05 · AD POTENTIAL

How long a post generates reach

Avg reach of ad post by time since publication. Helps estimate how long a placement stays effective.



SECTION 06 · COMPETITORS

Who you compete with

11 nearest channels by topic and audience. Your channel is highlighted — see its rank among niche peers.

CHANNEL	SUBSCRIBERS
ZY Golden Apple	1M
PC Pandabuy CnFans MuleBuy ACBuy Hacco Find🔍🐼	790.3K
NN Found on Wildberries	633.3K
MI MIXIT.RU	624.7K
M Manicure Nails	572K
NN Wildberries Finds / WB	533.2K
EM Elena Mixit	518K
GD Face gymnastics	472.4K
PM Fashion Trends	436K
PS Prime Savers	428.8K
NA Nastasizzz01 YOU	38.4K

COMPARATIVE SUMMARY

Channel not yet outside top 97 of niche — early growth stage. Niche leader — Golden Apple (1M), top-97 median: 189.3K. First goal: enter top-97 via systematic traffic & content work.

SECTION 07 · MENTION DYNAMICS

How often the channel is mentioned

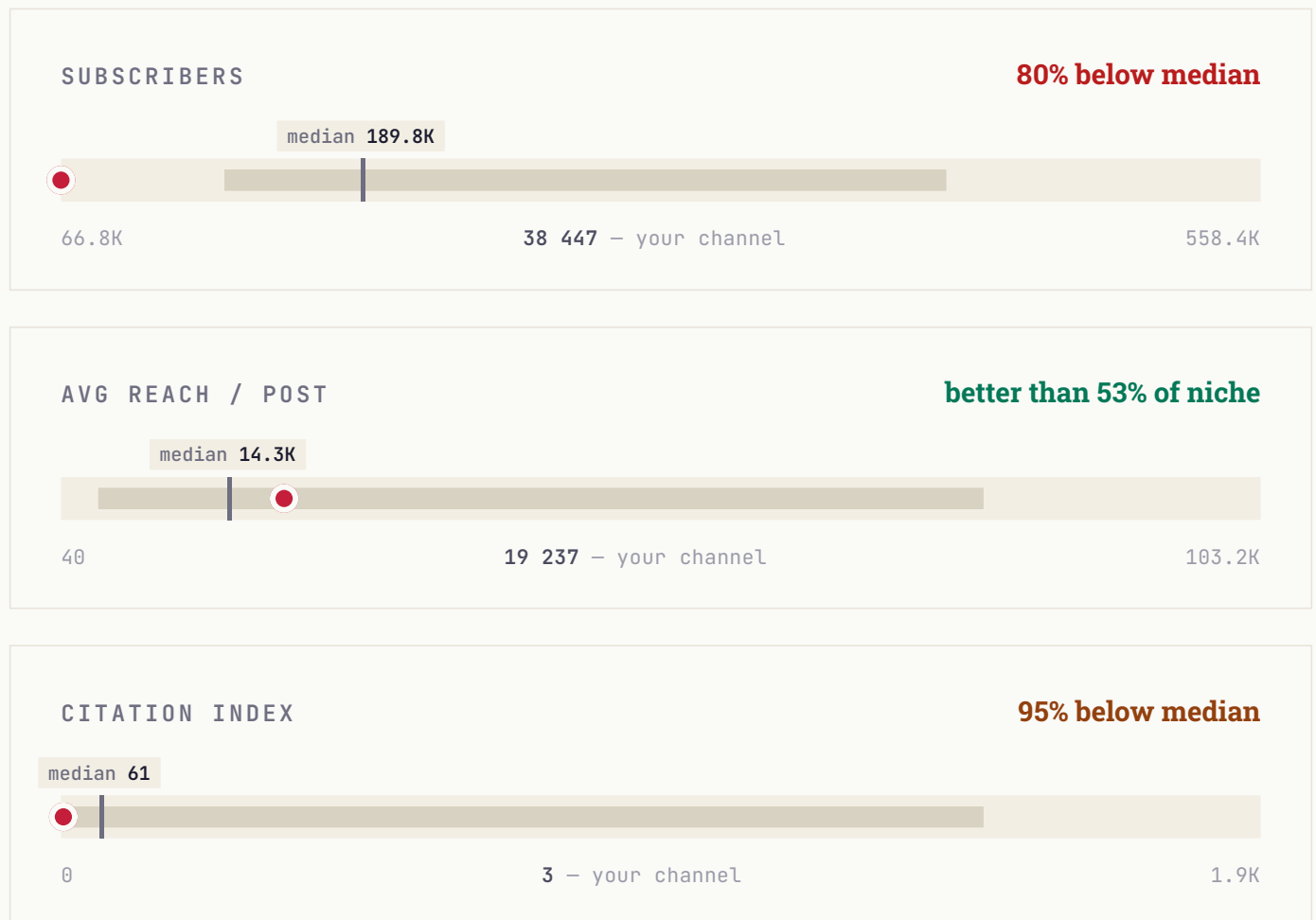
Every month we record posts in other channels that mention yours. Over the last **6 months** such mentions **24**, they brought **10 984** new subs.

PERIOD	MENTIONS	CHANNELS	BROUGHT SUBS
January 2026	4	1	1 582
December 2025	2	1	899
Nov 2025	0	0	525
Oct 2025	10	3	722
September 2025	3	1	881
August 2025	5	1	6 375

TOTAL MENTIONS	MONTHS OF DATA	ATTRACTED SUBS
24	6	10 984

Where channel ranks in its league

Black vertical: median. Red dot: your channel.



— SECTION 09 · STRATEGY

What to do right now

5 priority actions sorted by expected impact. Check off and revisit this report in a month.

01**Increase posting frequency**

Now 4.9 posts/wk. Active channels avg 7-10.
Consistency is key to audience retention.

EFFECT

**Consistency
beats volume****02****Top post of the week — on Friday**

Audience is most active on this day and at 22:00 MSK.

EFFECT

**Best window
for an
important post****03****Systematic traffic buying**

Three formats for your media: **Inhouse** (premium channels), **Native** (native integrations), **Premium** (target audience). PromptPress finds sources for your niche.

EFFECT

**+1000-3000
subs****04****Test polls & interactive formats**

Posts with polls/reactions typically boost ER by +5-15%. One weekly poll on a hot topic — easy growth lever.

EFFECT

+5-15% ER**05****Cross-promo with neighboring channels**

Exchange posts quarterly with same-segment channels. 2-3 collabs give relevant growth — no need daily.

EFFECT

**Growth from
relevant
audience**

★ WHAT'S NEXT

Want this done by **PromptPress?**

This audit — what we can do in minutes from public data. Want to go further? Run ads through us and hit your growth target in a month.

01	Launch Telegram ads	https://panel.promptpress.com/register
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02	Contact manager	t.me/PromptPress_manager
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