

PUBLIC REPORT BY PROMTPRESS

Channel audit

Lifegoodd



@lifegoodd1

I'm Arthur, Welcome ♥ Ads @fearap TikTok: <https://www.tiktok.com/@lifegoodd> Insta: https://instagram.com/artur_fearap YouTube:...

SUBSCRIBERS

169 320

-1041 per month

ERR (% SEE POSTS)

14.0%

last day 7.7%

REACH/POST

22.3K

ad reach 13K/24h

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SECTION 01 · CHANNEL SNAPSHOT

Key channel metrics

Each card is a separate channel health indicator. The subtitle below the number shows the period it covers.

 SUBSCRIBERS 169 320 —	 SUBS REACH 13.18% avg % subs see post	 VIEWS/POST 22.3K median 22.7K · 29 days	 POSTS/WEEK 22.4 for period
 7D TREND -0.4% vs previous week	 REACTS/POST 312.7 total 29,395 reactions, 7,246 reposts, 5,685 comments	 POST LENGTH 349 chars median 379 · 29 days	 POSTS ANALYZED 94 29 days
 AD REACH 13K 24h avg	 CHURN / MONTH -1041 last month	 CITATION RATE 32 citation index · 240 channels mentioned all time	 CHANNEL AGE 5 years 3 months created 11.03.2021

AI EDITOR SUMMARY

Channel «Lifegoodd» – 169 320 subs. Each post averages 22.3K people (13% from subs), reach is low – consider expanding audience. Publishes 22 posts/week (~3/day) – active posting. Week Jun 15–21 reach stable (-0.4% vs week 8–14 Jun).

SECTION 02 · CONTENT ANALYSIS

What works best

Top posts by engagement and outsiders – to see what to repeat and what to remove from rotation.

WHAT SUCCESSFUL POSTS HAVE IN COMMON

- 01 Analysis based on **94** posts over 29 days.
- 02 Dominant format – **Photo** (65/94 posts).
- 03 Avg post length – **349** chars (median 379).
- 04 Peak audience activity – **Wed**, 16:00 MSK.
- 05 Top posts get **2x** more views than the weakest (28.6K avg for top vs 17.2K for worst) – among 94 posts in 29 days. Worth analyzing what top posts have in common: topic, format, publish time.

TOP 5 POSTS

Nº1 10.06 · 13:25 VIDEO Okay, Apple won't overtake Samsung😊 Here: 📱New Apple Intelligence (iOS 27) vs Galaxy AI (One Ui 8.5)📱 Yes, the eraser got better...	VIEWS 28 829 REPOSTS 47	REACTS 466 ER 17.0%
Nº2 17.06 · 09:20 PHOTO 📱 Android 17 release coming soon What will change? • Improved multitasking: Long-press any app icon – and it turns into...	VIEWS 28 537 REPOSTS 30	REACTS 195 ER 16.9%
Nº3 07.06 · 15:20 PHOTO And the «Dark» Samsung Shutter image set. Part 3 For Dark Mode lovers;) Also found on TikTok • Part 1 images here...	VIEWS 28 536 REPOSTS 312	REACTS 380 ER 16.9%

Nº4

05.06 • 14:33

PHOTO

Image pack for Customizing the Shade (control panel) on Samsung with One UI 8.5. Part 1 Collected from TikTok, will post later...

VIEWS

27 896

REPOSTS

368

REACTS

381

ER

16.5%

Nº5

09.06 • 09:53

PHOTO

☒ Next week! OneUI 9 Beta 3 for Galaxy S26 Samsung officially confirmed that the third beta of OneUI 9 (Android 17) for...

VIEWS

27 586

REPOSTS

13

REACTS

178

ER

16.3%

WORST 3

↓ 22.06 • 09:00 PHOTO

Pre-orders for GTA VI already open in Russia 🇷🇺 Our sellers predictably reacted fast to the recent price leak. On marketplaces they started...

VIEWS

17 483

REPOSTS

112

REACTS

246

ER

10.3%

↓ 22.06 • 12:11 PHOTO

☒ Samsung Galaxy A24 unexpectedly gets One UI 8.5 Many thought the budget model would be left out, but it got an update based on...

VIEWS

17 226

REPOSTS

25

REACTS

248

ER

10.2%

↓ 22.06 • 15:50 VIDEO

If Samsung, no need to share Headphones 😊☒ #samsung

VIEWS

16 878

REPOSTS

221

REACTS

392

ER

10.0%

SECTION 03 · SUBSCRIBER DYNAMICS

How the channel grew over the year

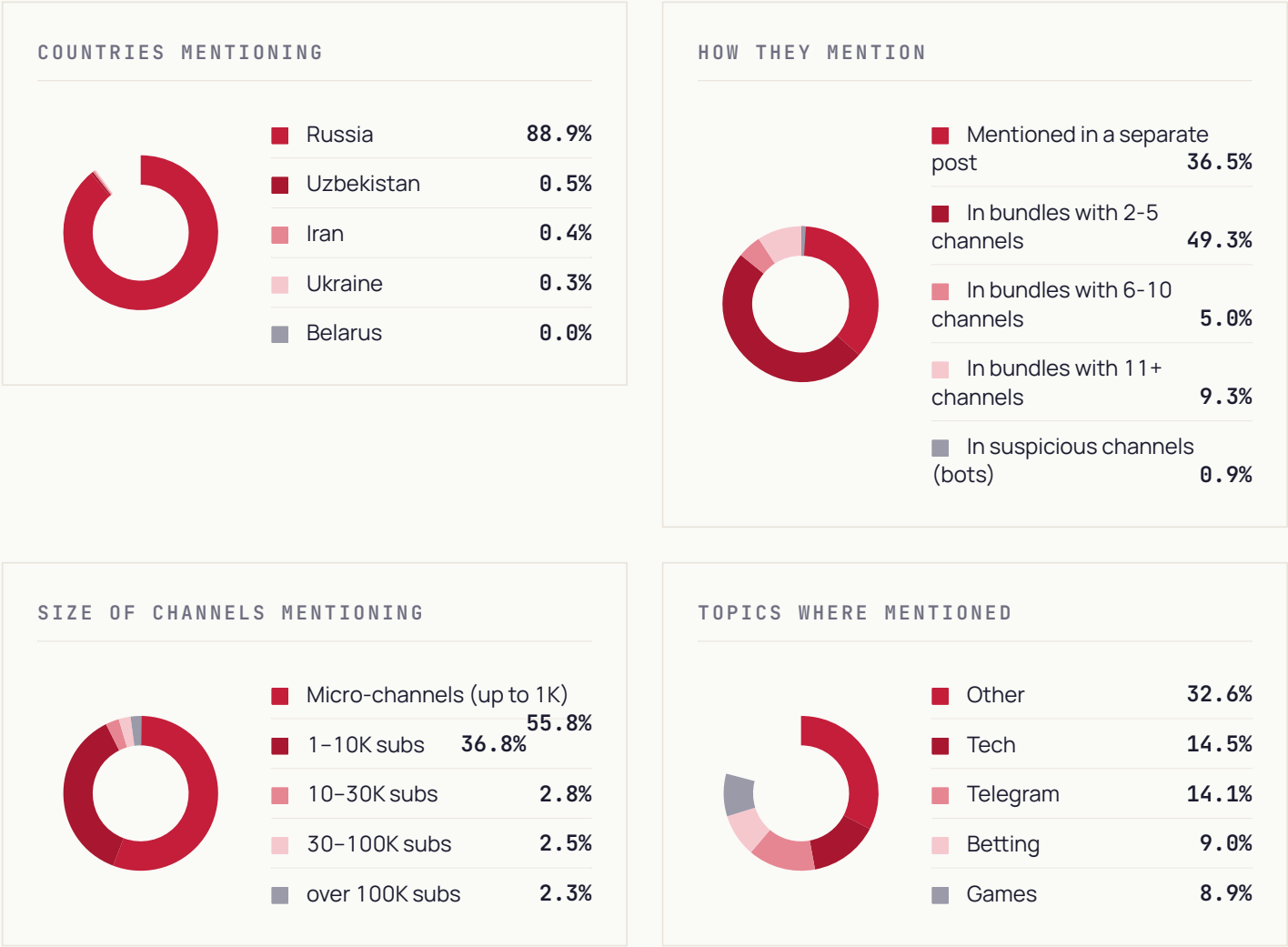
Subscriber growth chart for the year. Key months show exact sub count. See which months grew and which lost subs.



SECTION 04 · MENTIONS

Who mentions the channel and how

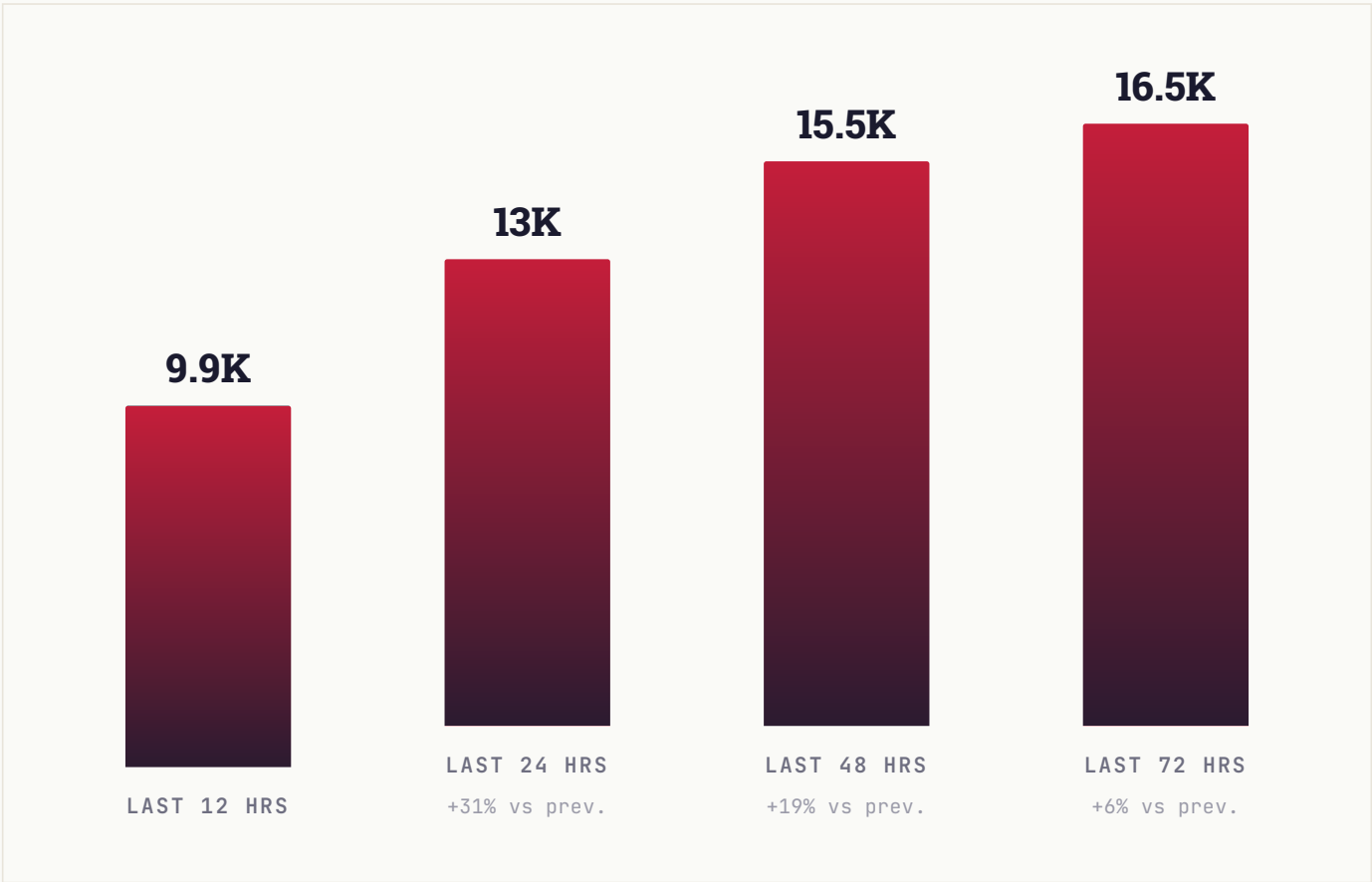
Citation index **32** – channel popularity score based on mentions. Considers both count and weight of mentioners: a post from a 100K-sub channel weighs more than from a 1K-sub channel. All time channel was mentioned **240** different channels.



SECTION 05 · AD POTENTIAL

How long a post brings reach

Avg reach of ad post by time since publication. Helps estimate how long a placement should 'live'.



SECTION 06 · COMPETITORS

Who you compete with

11 nearest channels by topic and audience. Highlighted your channel — shows its rank among niche neighbors.

CHANNEL	SUBSCRIBERS
HI hitvpn_blog	4.2M
MT Trend World	3.4M
TE Technochat	3.1M
HA Hi, AI • Tech News	2.5M
NN NN	2.2M
TE Technomotel	2.2M
L- LIVE — Telegram, AI & Tech	2.1M
EC Exploit	2M
DJ Digital Journal IT, Neuroseti	1.8M
ERR Backdoor	1.8M
LI Lifegoodd YOU	169.3K

COMPARATIVE CONCLUSION

Channel in bottom half of top-100 niche (#69 of 100). Niche median — 211.8K subs. First growth KPI — reach the median. Leader: hitvpn_blog (4.2M).

SECTION 07 · MENTION DYNAMICS

How often the channel is mentioned

Every month we track posts in other channels that mention yours. Over the last **6 months** such mentions were **108**, they brought **55 838** new subs.

PERIOD	MENTIONS	CHANNELS	BROUGHT SUBS
December 2025	3	3	524
Nov 2025	7	6	663
Oct 2025	14	14	5 510
Sep 2025	37	17	10 537
August 2025	14	12	819
July 2025	33	19	37 785
TOTAL MENTIONS			108
MONTHS OF DATA			6
ACQUIRED SUBS			55 838

— SECTION 08 · NICHE COMPARISON

Where channel ranks in its league

Took top-100 channels in category «Tech» (Russia) and saw how your channel compares. Gray band — range of 80% of niche channels (p10 to p90). Black vertical — median. Red dot — your channel.

#69 /100

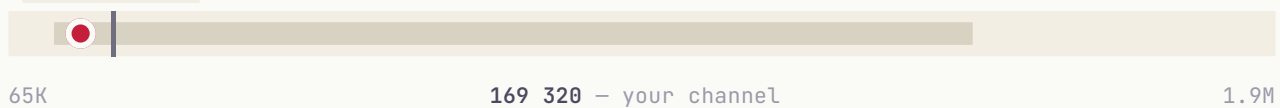
RANK IN NICHE

Channel in the bottom half of the ranking

SUBSCRIBERS

20% below median

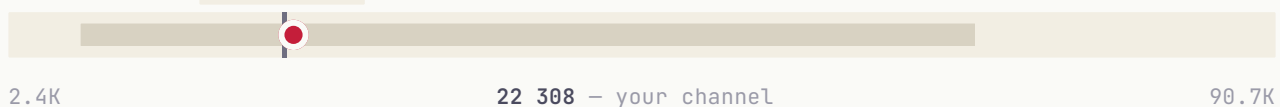
median 212.3K



AVG REACH / POST

better than 50% of niche

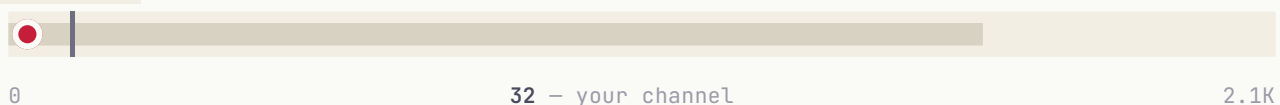
median 21.5K



CITATION INDEX

68% below median

median 101



— SECTION 09 · STRATEGY

What to do right now

5 priority actions sorted by expected impact. Check them off and revisit this report in a month.

01

Top post of the week — on Wednesday

Audience is most active on this day at 16:00 MSK.

EFFECT

**Best window
for an
important post**

02

System traffic buying

Three formats for your media: **Inhouse** (premium channels), **Native** (native integrations), **Premium** (target audience). PromptPress picks sources for your niche.

EFFECT

**+1000-3000
subs**

03

Test polls & interactive formats

Posts with polls/reactions usually boost ER by 5-15%.
One weekly poll on a hot topic is an easy growth lever.

EFFECT

+5-15% ER

04

Cross-promo with neighboring channels

Swap posts with same-segment channels once a quarter. No need daily — 2-3 collabs give relevant growth.

EFFECT

**Growth from
relevant
audience**

05

Update channel description for Telegram search

Telegram search scans descriptions. Add 3-5 niche keywords — it's a source of organic traffic.

EFFECT

**Organic traffic
source**

★ WHAT'S NEXT

Want this done by **PromptPress?**

This audit — what we can do in a few minutes from public data.
Want to go further — run ads through us and hit your growth plan
in a month.

01	Launch Telegram ads	https://panel.promptpress.com/register
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02	Contact manager	t.me/PromptPress_manager
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