

— PROMTPRESS PUBLIC REPORT

Channel audit

Galina |

GYNECOLOGIST

☒ BEFORE |

AFTER ☒ ☒



@ginecolog05

📍 wa.me/+79880617214 + 79882920165 #Labiaplasty

#Vaginoplasty #IntimateRejuvenation 📍 Obstetrician-gynecologist

highest category 📍 @galina_ginekolog

SUBSCRIBERS	ERR (% SEE POSTS)	REACH/POST
58 144	24.0%	12.7K

+2253 per month	per day 6.0%	ad reach 3.5K/24h
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SECTION 01 · CHANNEL SNAPSHOT

Key channel metrics

Each card is a separate channel health indicator. The subtitle under the number shows the period it covers.

 SUBSCRIBERS 58 144 —	 SUBS REACH 21.87% avg % of subs see post	 VIEWS/POST 12.7K median 13.2K · 25 days	 POSTS/WEEK 15.9 over period
 7D TREND -3.2% vs prev week	 REACTIONS/POST 37.2 total 2,196 reactions, 726 reposts, 0 comments	 POST LENGTH 458 chars median 382 · 25 days	 POSTS ANALYZED 59 25 days
 AD REACH 3.5K 24h avg	 CHURN / MONTH +2253 over last month	 CITATION RATE 1 citation index · 5 channels mentioned ever	 CHANNEL AGE 5 yrs 3 mo created 05.03.2021

AI EDITOR SUMMARY

Channel «Galina | GYNECOLOGIST ☒ BEFORE | AFTER ☒ ☒» — 58 144 subs. Each post averages 12.7K people (22% from subs), average reach — room to grow. Publishes 16 posts per week (~2/day) — regular schedule. Week of June 8–14 reach stable (-3.2% vs week 1–7 Jun).

SECTION 02 · CONTENT ANALYSIS

What works best

Top posts by engagement and underperformers — to see what to repeat and what to drop from rotation.

WHAT SUCCESSFUL POSTS HAVE IN COMMON

- 01 Analysis based on **59** posts over 25 days.
- 02 Dominant format — **Photo** (43/59 posts).
- 03 Avg post length — **458** chars (median 382).
- 04 Peak audience activity — **Friday**, 17:00 MSK.
- 05 Top posts get **2×** more views than the weakest (17.2K avg for top vs 8.7K for worst) — among 59 posts in 25 days. Worth analyzing what the top has in common: topic, format, timing.

TOP 5 POSTS

Nº1 29.05 · 14:19 VIDEO A sweet woman was operated on by me 2 weeks ago. Another happy patient after post-op consultation...	VIEWS 17 618 REPOSTS 5	REACTIONS 34 ER 30.3%
Nº2 29.05 · 13:17 TEXT After colpoplasty nothing changed! Even got worse! The patient was completely dissatisfied with the surgery (in...	VIEWS 17 370 REPOSTS 1	REACTIONS 20 ER 29.9%
Nº3 05.06 · 08:35 PHOTO What about chronic constipation? The girl was worried about the appearance of her perineum, worsening sex life, and something else...	VIEWS 16 646 REPOSTS 22	REACTIONS 41 ER 28.6%

Nº4 05.06 • 06:31 TEXT Good Friday morning, my dears ♥ June just started and messages are pouring in Pre-booking for summer months: 48 patients ☒...	VIEWS 16 011 REACTIONS 10 REPOSTS — ER 27.5%
Nº5 30.05 • 10:41 PHOTO Urinary incontinence, air & vaginal flatulence during sex, walking, any movement; insufficient grip, capacious...	VIEWS 15 811 REACTIONS 45 REPOSTS 20 ER 27.2%

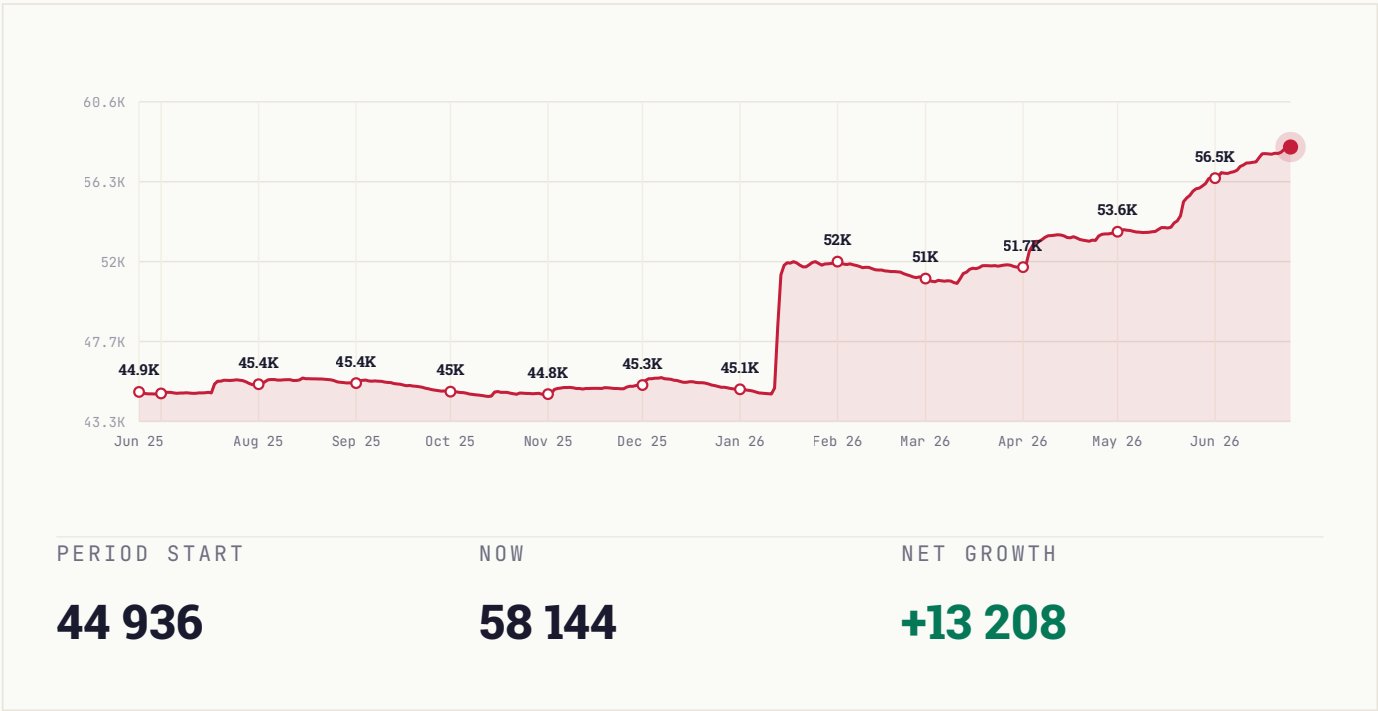
WORST 3

↓ 20.06 • 20:50 PHOTO Here's the interim result. (Posterior colpoperineoplasty + labiaplasty) ☒Looks like an 18-year-old's...	VIEWS 8 813 REACTIONS 46 REPOSTS 11 ER 15.2%
↓ 20.06 • 19:20 PHOTO Great example: after 4 births, labia shape & size unchanged, but all indications for colpoplasty are present...	VIEWS 8 659 REACTIONS 28 REPOSTS 4 ER 14.9%
↓ 20.06 • 18:18 PHOTO Labiaplasty Before & after Result after 50 min (that's how long this surgery took) Now the patient will avoid...	VIEWS 8 515 REACTIONS 52 REPOSTS 14 ER 14.6%

SECTION 03 · SUBSCRIBER DYNAMICS

How the channel grew over the year

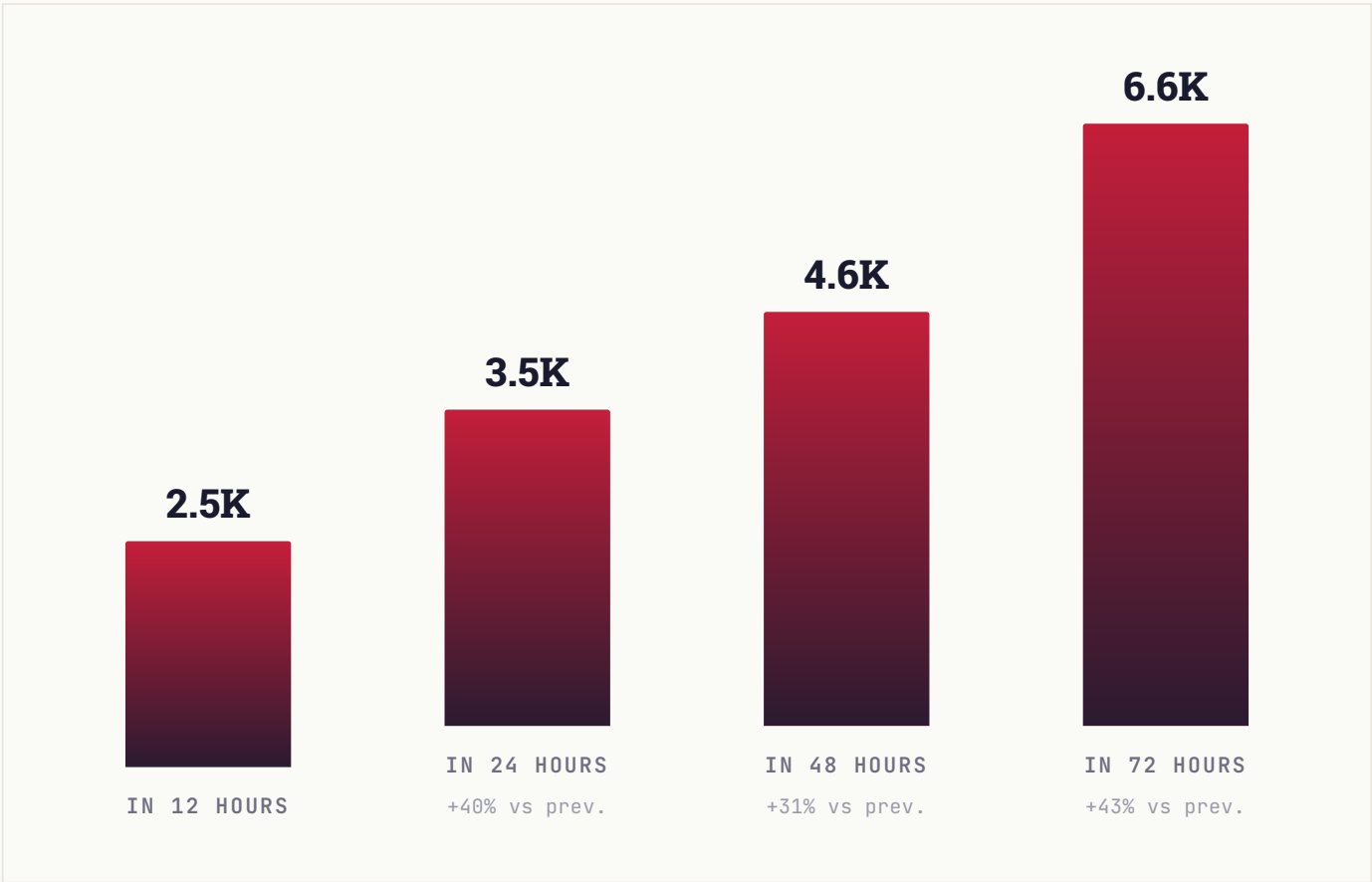
Subscriber growth chart for the year. Key months show exact subscriber count. See which months the channel gained and lost subs.



SECTION 04 · AD POTENTIAL

How long a post generates reach

Avg ad post reach by time since publication. Helps gauge how long a placement stays relevant.



SECTION 05 · COMPETITORS

Who you compete with

11 nearest channels by topic and audience. Your channel is highlighted — see its rank among niche neighbors.

CHANNEL	SUBSCRIBERS
BI Blog from the morgue	359.3K
EM Endocrinologist Magerya	293.9K
EP EXPERIENCED PHARMACIST	267K
MM Moscow medicine	238.8K
HC ZdravKontrol	223.6K
KD Dr. Shishonin's channel	215.4K
AT Anatomy Theater	201.6K
MR Mikerina. Childbirth? Call the midwife!	192.6K
DM DOCTOR MYASNIKOV	182.8K
ZS Forensic expert's notes	171.5K
GJ Galina GYNECOLOGIST ☒ BEFORE AFTER ☒ ☒ YOU	58.1K

COMPARATIVE CONCLUSION

Channel in bottom half of top-100 niche (#67 of 96). Niche median — 70.8K subs.
First KPI: reach the median. Leader: Blog from the morgue (359.3K).

SECTION 06 · MENTION DYNAMICS

How often the channel is mentioned

Every month we record posts in other channels that mention your channel. Over the last **6 months** such mentions were **1**, they brought **3 019** new subs.

PERIOD	MENTIONS	CHANNELS	BROUGHT SUBS	
December 2025	0	0	457	
November 2025	0	0	647	
October 2025	1	1	361	
September 2025	0	0	199	
August 2025	0	0	446	
July 2025	0	0	909	

TOTAL MENTIONS	MONTHS OF DATA	ACQUIRED SUBS
1	6	3 019

SECTION 07 · NICHE COMPARISON

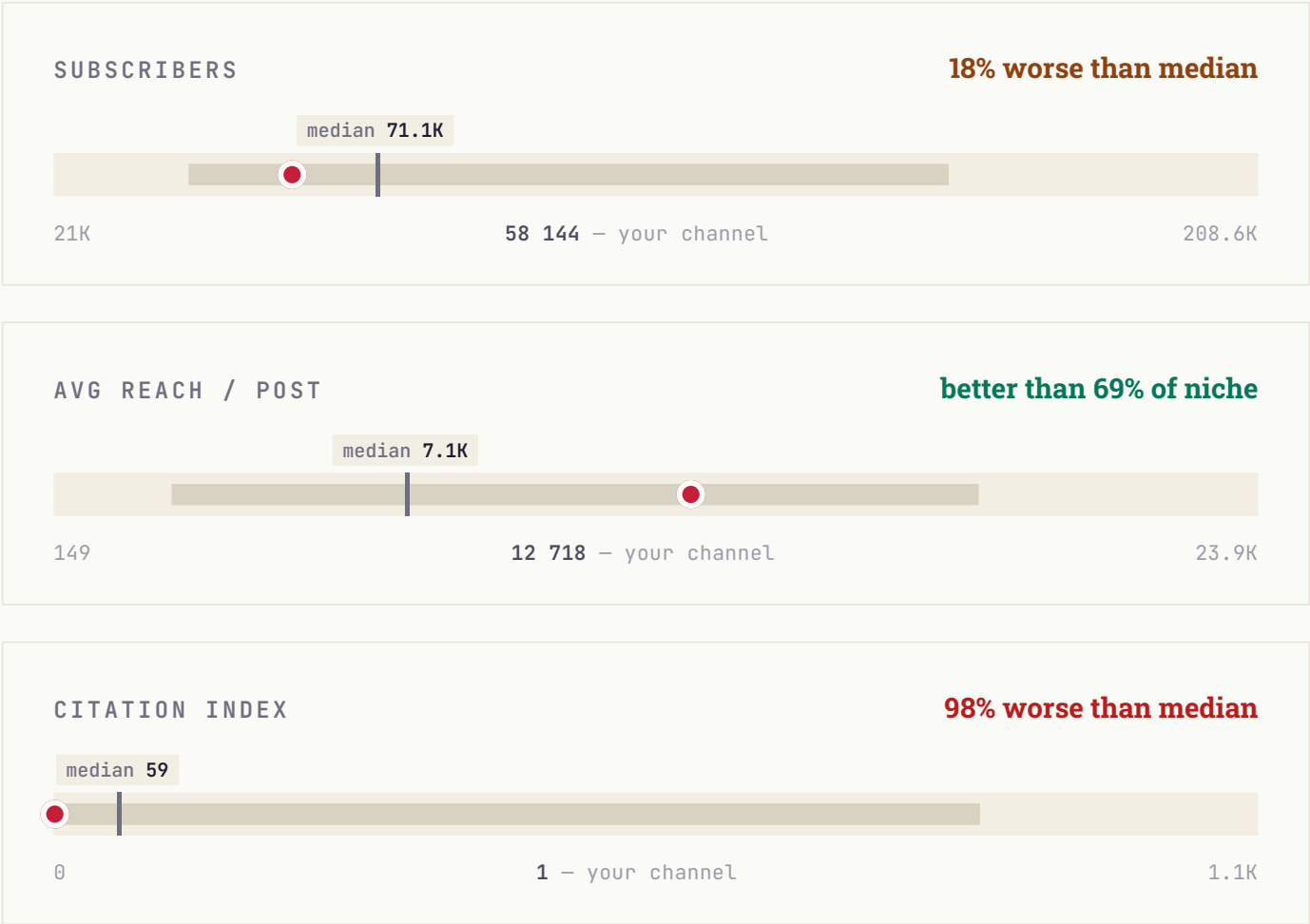
Where the channel stands in its league

Took top-100 channels in category «Medicine» (Russia) and compared your channel. Gray band = range for 80% of niche channels (p10–p90). Black vertical = median. Red dot = your channel.

#67/100

RANK IN NICHE

Channel in the bottom half of the ranking



— SECTION 08 · STRATEGY

What to do right now

5 priority actions sorted by expected impact. Check off and revisit next month.

- 01

Main post of the week — on Friday

Audience is most active on this day at 17:00 MSK.

EFFECT

Best window for an important post
- 02

Increase share of video posts

Video in Telegram retains audience longer and is favored by the algorithm. Aim for 15-25%.

EFFECT

Video retains audience better
- 03

Systematic traffic buying

Three formats for your media: **Inhouse** (premium channels), **Native** (native integrations), **Premium** (target audience). PromptPress picks sources for your niche.

EFFECT

+1000-3000 subs
- 04

Test polls & interactive formats

Posts with polls/reactions usually boost ER by +5-15%.
One poll per week on a hot topic — easy win.

EFFECT

+5-15% ER
- 05

Cross-promo with neighboring channels

Exchange posts quarterly with channels in the same segment. No need daily — 2-3 collabs give relevant growth.

EFFECT

Growth from relevant audience

★ WHAT'S NEXT

Want us to do this **PromptPress?**

This audit is what we can do in minutes using public data. Want to go further — run ads with us and hit your growth plan in a month.

01	Launch Telegram ads	https://panel.promptpress.com/register
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02	Contact manager	t.me/PromptPress_manager
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