

PROMTPRESS PUBLIC REPORT

Channel audit

Biohackers Cemetery



@fuckbiohacking

Uncensored thoughts of a polypharmacy pill enthusiast. <https://vk.com/biobezpredel> articles, discussions, streams etc.

SUBS

36 866

+262 per month

ERR (% SEE POSTS)

46.0%

daily **21.8%**

REACH/POST

17K

ad reach **8K**/24h

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SECTION 01 · CHANNEL SNAPSHOT

Key channel metrics

Each card is a separate channel health indicator. The subtitle under the number shows the period it covers.

 SUBS 36 866 —	 SUBSCRIBER REACH 46.21% avg % subs see post	 VIEWS/POST 17K median 17.1K · 25 days	 POSTS/WK 6.0 for period
 7D TREND -13.9% vs previous week	 REACTIONS/POST 509.0 total 11,197 reactions, 2,861 reposts, 0 comments	 POST LENGTH 703 chars median 823 · 25 days	 POSTS ANALYZED 22 25 days
 AD REACH 8K 24h avg	 CHURN / MONTH +262 last month	 CITATION RATE 35 citation index · 158 channels mentioned all time	 CHANNEL AGE 7 years 11 days created 09.07.2019

AI EDITOR SUMMARY

Channel «Biohackers Cemetery» — 36 866 subs. Avg views per post 17K people (46% of subs), wide reach for channel this size. Publishes 6 posts/week (~1/day) — rare. Week Jul 6–12 reach dropped -13.9% by week Jun 29 – Jul 5 — worth analyzing.

SECTION 02 · CONTENT ANALYSIS

What works best

Top posts by engagement and outsiders – to see what to repeat and what to drop from rotation.

WHAT SUCCESSFUL POSTS HAVE IN COMMON

- 01 Analysis based on **22** posts over 25 days.
- 02 Dominant format – **Photo** (10/22 posts).
- 03 Avg post length – **703** chars (median 823).
- 04 Peak audience activity – **Wed**, 17:00 MSK.
- 05 Top posts get **2x** more views than the weakest (22.5K avg for top vs 12.8K for worst) – among 22 posts in 25 days. Worth analyzing what the top has in common – topic, format, time.

TOP 5 POSTS

Nº1 01.07 · 14:57 PHOTO A super interesting product that never took off with athletes. Nike MaxSight – that was the lens name...	VIEWS 25 408 REP. 251	REACTIONS 580 ER 68.9%
Nº2 15.07 · 19:09 VIDEO When the glycemic index police came for potatoes, I stayed silent. When they came for bananas, I stayed silent. When they came for buckwheat...	VIEWS 21 310 REP. 213	REACTIONS 706 ER 57.8%
Nº3 23.06 · 18:39 VIDEO How differently brains work and affect perception. Alex Honnold...	VIEWS 20 733 REP. 280	REACTIONS 792 ER 56.2%

Nº4

28.06 • 16:17

PHOTO

On cholesterol & related vascular endothelial issues. Today at 20:30 MSK we'll be streaming in the Protrusion Brotherhood...

VIEWS

20 431

REP.

12

REACTIONS

202

ER

55.4%

Nº5

28.06 • 09:24

TEXT

Not your typical chat, but still...

VIEWS

19 182

REP.

161

REACTIONS

353

ER

52.0%

WORST 3



15.07 • 19:10

VIDEO

(post without caption – video)

VIEWS

13 631

REP.

27

REACTIONS

664

ER

37.0%



15.07 • 19:09

TEXT

«I can't not defend buckwheat» I wrote with roughly this face:

VIEWS

12 793

REP.

22

REACTIONS

605

ER

34.7%



14.07 • 15:37

PHOTO

Recent Q&A from Insta. Might be useful. P.S. Over 1,200 answered questions...

VIEWS

12 063

REP.

56

REACTIONS

334

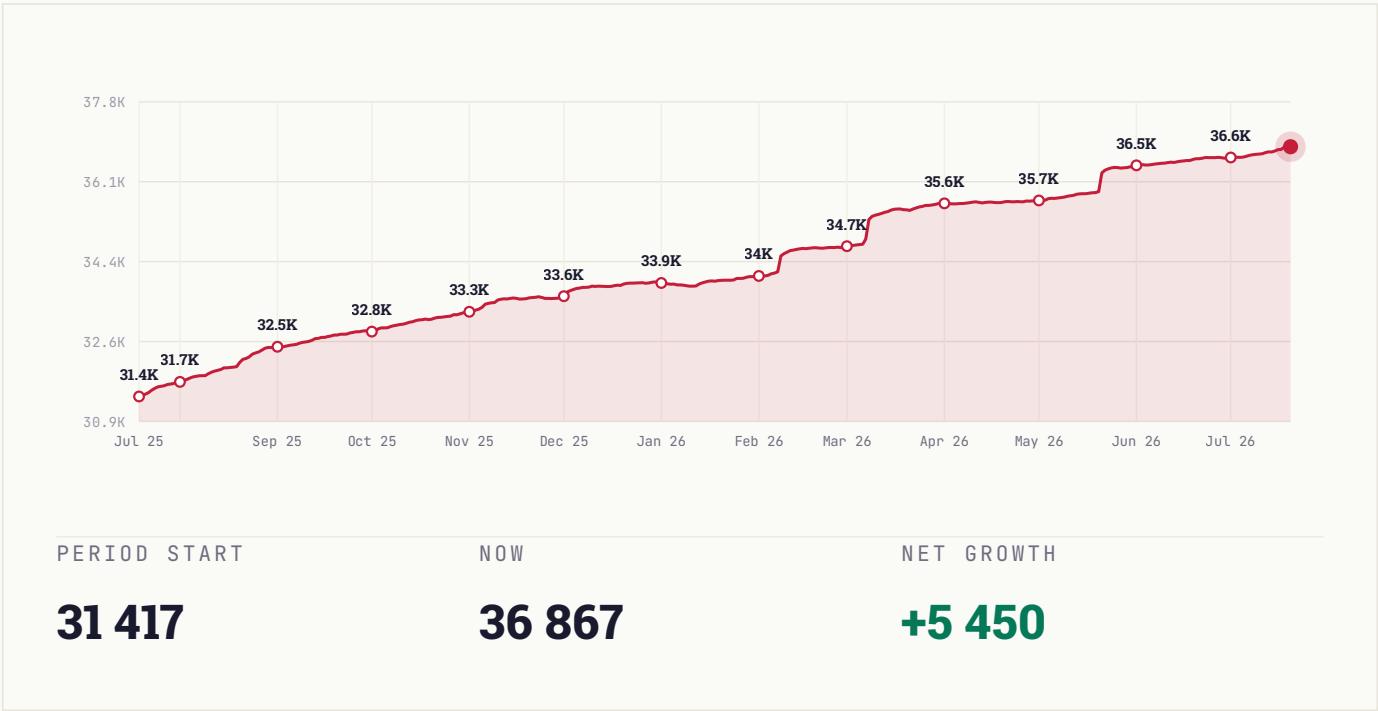
ER

32.7%

SECTION 03 · SUBSCRIBER DYNAMICS

How the channel grew over the year

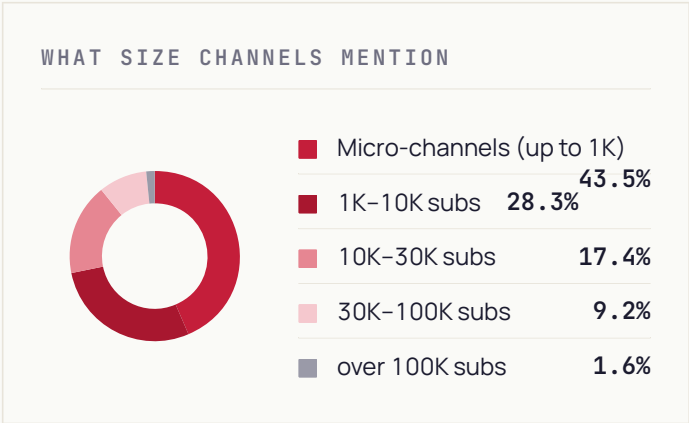
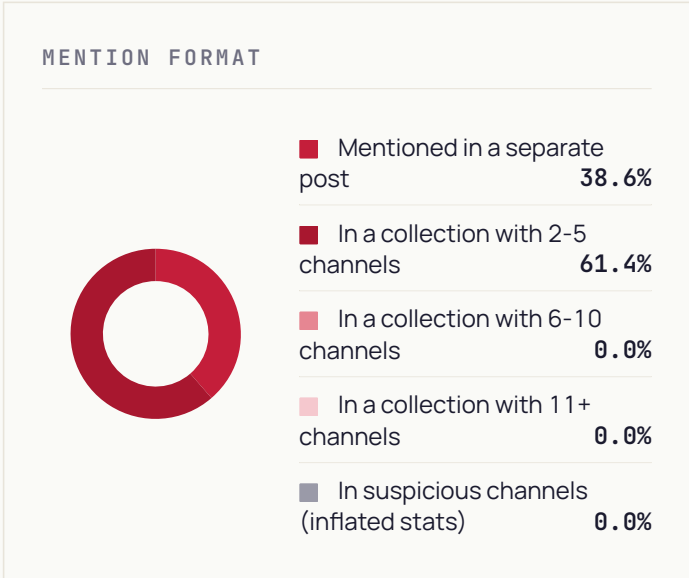
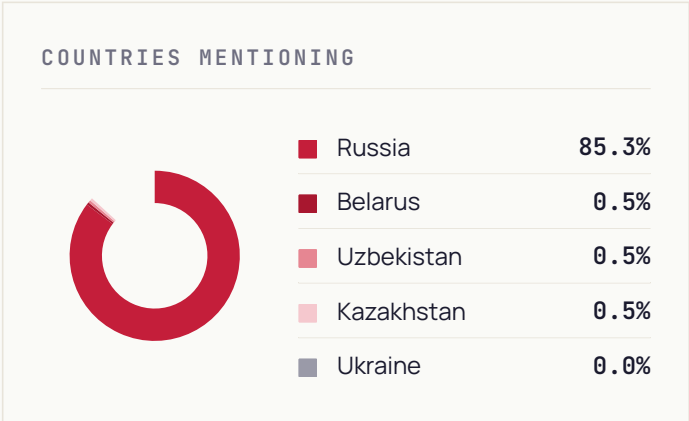
Subscriber growth chart for the year. Key months show exact subscriber count.
Highlights months of growth vs. loss.



SECTION 04 · CITATIONS

Who mentions the channel and how

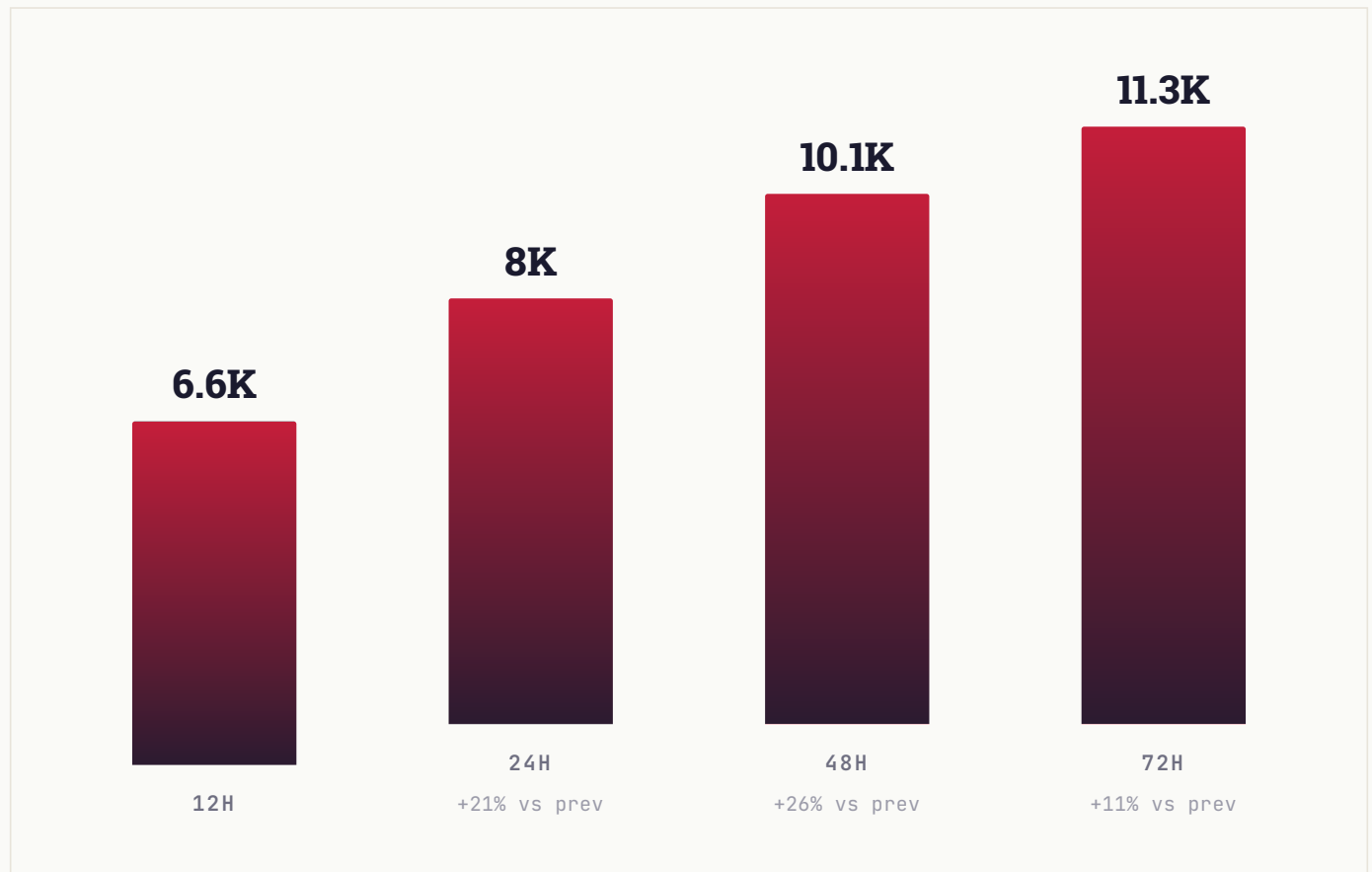
Citation index **35** — channel popularity rating based on mentions. Considers not only count but also mentioner weight: a post from a 100K subs channel weighs more than from 1K subs. All-time mentions: **158** different channels.



— SECTION 05 · AD POTENTIAL

How long a post generates reach

Avg reach of ad post by time since publication. Helps estimate how long a placement should «live».



SECTION 06 · COMPETITORS

Who you compete with

11 nearest channels by topic and audience. Your channel is highlighted — you can see its place among niche neighbors.

CHANNEL	SUBS
DT Dr Tel	755.5K
BI Blog from the morgue	354.1K
تا تعليم اللغة الإنجليزية 	328.2K
 الجراحة  Surgery  - Crypto currency	318.4K
EM Endocrinologist Magerya	292.5K
EP EXPERIENCED PHARMACIST	264.6K
AP APTEKA_TV	241.5K
MM Moscow Medicine	237.8K
  Халқ табобати 	235.1K
Health HealthControl	222.2K
KB Biohackers Cemetery YOU	36.9K

COMPARATIVE CONCLUSION

Channel yet outside top-97 of niche — early growth stage. Niche leader — Dr Tel (755.5K), top-97 median: 103.2K. First goal: enter top-97 via systematic traffic and content work.

SECTION 07 · MENTION DYNAMICS

How often the channel is mentioned

Monthly we track posts in other channels that mention yours. Over the last **6 months** such mentions **34**, they brought **2 548** new subs.

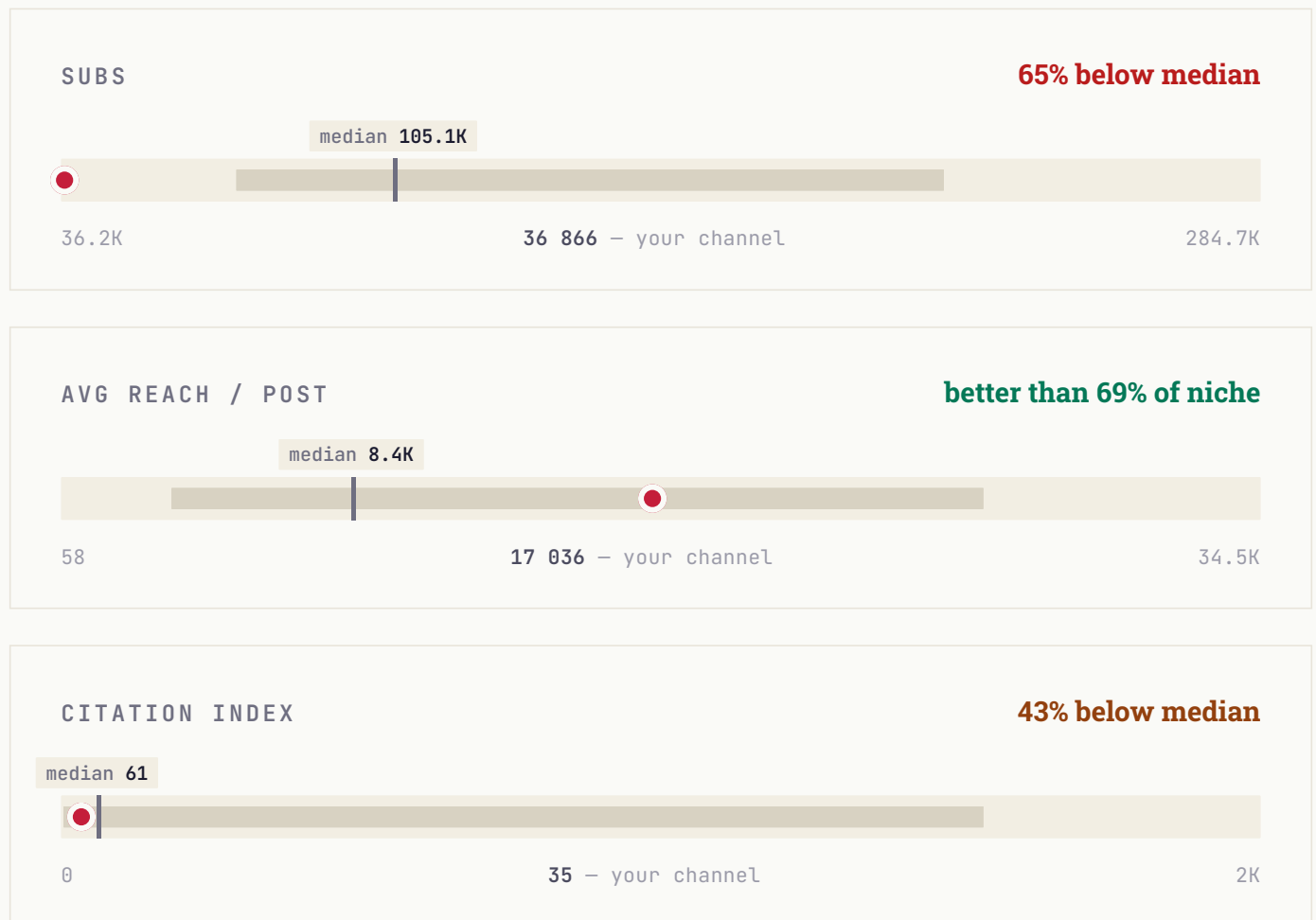
PERIOD	MENTIONS	CHANNELS	BROUGHT SUBS
Jan 2026	4	3	218
December 2025	3	3	364
Nov 2025	4	4	400
Oct 2025	16	13	439
Sep 2025	3	3	367
August 2025	4	3	760

TOTAL MENTIONS	MONTHS IN DATA	ACQUIRED SUBS
34	6	2 548

SECTION 08 • NICHE COMPARISON

Where the channel stands in its league

Took top-100 channels in category "Medicine» (Russia) and saw how your channel compares. Gray band = range for 80% of niche channels (p10 to p90). Black vertical = median. Red dot = your channel.



— SECTION 09 · STRATEGY

What to do right now

5 priority actions sorted by expected impact. Check off and revisit this report in a month.

- | | | |
|-----------|---|--|
| 01 | Top post of the week — on Wednesday
On this day at 17:00 MSK the audience is most active. | EFFECT
Best window
for key posts |
| 02 | Systematic traffic buying
Three formats for your media: Inhouse (premium channels), Native (native integrations), Premium (target audience). PromptPress picks sources for your niche. | EFFECT
+1000-3000
subs |
| 03 | Test polls & interactive formats
Posts with polls/reactions usually boost ER by +5-15%.
One weekly poll on a hot topic is an easy growth point. | EFFECT
+5-15% ER |
| 04 | Cross-promo with neighboring channels
Swap posts quarterly with same-segment channels.
2-3 collabs give relevant growth. | EFFECT
Growth from
relevant
audience |
| 05 | Update channel description for Telegram search
Telegram search scans descriptions. Add 3-5 niche keywords — it's a source of organic traffic. | EFFECT
Organic traffic
source |

★ WHAT'S NEXT

Want this done by **PromptPress?**

This audit — what we can do in a few minutes using public data. If you want to go further — run ads through us and hit your growth plan in a month.

01	Launch Telegram ads	https://panel.promptpress.com/register
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02	Contact manager	t.me/PromptPress_manager
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