

PUBLIC PROMTPRESS REPORT

Channel audit

DOCTOR DENIS IVANOV



@doctor_denisivanov

Doctor of Medical Sciences 🩺 30 years experience • Regenerative medicine • Helping you heal smart Author of the book: «Obvious COVID deception» #health #mednews #askthedoctor

SUBSCRIBERS

24 568

-107 per month

ERR (% SEE POSTS)

39.0%

last 24h **12.6%**

REACH/POST

9.6K

ad reach **3.1K/24h**

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SECTION 01 · CHANNEL SNAPSHOT

Key channel metrics

Each card is a separate channel health indicator. The subtitle below the number shows the period it covers.

 SUBSCRIBERS 24 568 —	 SUBSCRIBER REACH 38.88% avg % subs see post	 VIEWS/POST 9.6K median 9.5K · 21 days	 POSTS/WEEK 2.3 for period
 7D TREND — no data for period	 REACTIONS/POST 640.7 only 4,485 reactions, 1,089 reposts, 0 comments	 POST LENGTH 400 chars median 245 · 21 days	 POSTS ANALYZED 7 21 days
 AD REACH 3.1K 24h avg	 CHURN / MONTH -107 last month	 CITATION RATE 62 citation index · 213 channels mentioned all time	 CHANNEL AGE 4 years 4 months created 25.02.2022

AI EDITOR SUMMARY

Channel «DOCTOR DENIS IVANOV» — 24 568 subs. Each post avg views 9.6K people (39% of subs), good reach. Publishes 2 posts/week (~0/day) — rare posts.

SECTION 02 · CONTENT ANALYSIS

What works best

Top posts by engagement and underperformers — to see what to repeat and what to drop.

WHAT TOP POSTS HAVE IN COMMON

- 01 Analysis based on 7 posts over 21 days.
- 02 Dominant format — Text (5/7 posts).
- 03 Avg post length — 400 chars (median 245).
- 04 Peak audience activity — Wednesday, 08:00 MSK.
- 05 Top posts get 2× more views than the weakest (12.3K avg for top vs 6.8K for worst) — among 7 posts in 21 days. Analyze what the top has in common: topic, format, timing.

TOP 5 POSTS

Nº126.06 · 07:26TEXT Evening at the third entrance started as usual: sunflower seeds, gossip about Zinaida Petrovna's daughter-in-law, and Valentina Semyonovna's buzzing phone...	VIEWS	REACTIONS
	12 777	634
	REPOSTS	ER
	60	52.0%
Nº221.06 · 06:34TEXT Hello, dear voters! Today I address you as such, not as 'subscribers' — that term doesn't quite...	VIEWS	REACTIONS
	12 135	1 619
	REPOSTS	ER
	105	49.4%
Nº308.07 · 05:53VIDEO Good morning and great day! Found an interesting film online, created by a machine algorithm. A piece to...	VIEWS	REACTIONS
	11 964	541
	REPOSTS	ER
	664	48.7%

Nº406.07 · 07:44 PHOTO Have a great day and a successful start to the week!	VIEWS	REACTIONS
	9 486	721
	REPOSTS	ER
	130	38.6%

Nº526.06 · 07:26 TEXT Good day and great weekend! Sharing a post from colleagues to lift your spirits😊	VIEWS	REACTIONS
	9 434	239
	REPOSTS	ER
	2	38.4%

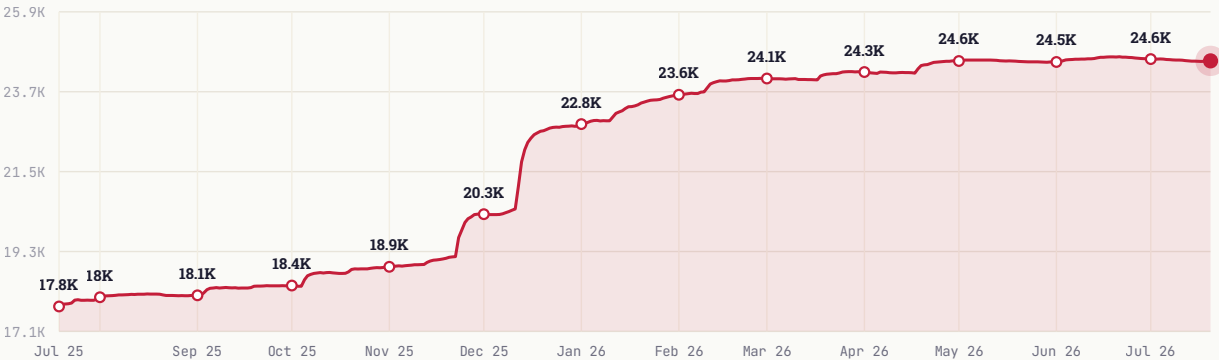
WORST 3

↓ 26.06 · 07:26 TEXT Good day and great weekend! Sharing a post from colleagues to lift your spirits😊	VIEWS	REACTIONS
	9 434	239
	REPOSTS	ER
	2	38.4%
↓ 12.07 · 06:55 TEXT Good morning and great day! Colleagues did the work and came to interesting conclusions. Need to check everything...	VIEWS	REACTIONS
	5 547	206
	REPOSTS	ER
	10	22.6%
↓ 12.07 · 06:55 TEXT Start the day with sex, doctors say Morning intimacy normalizes hormones, reduces anxiety, helps with depression and...	VIEWS	REACTIONS
	5 518	525
	REPOSTS	ER
	118	22.5%

SECTION 03 · SUBSCRIBER DYNAMICS

How the channel grew over the year

Subscriber growth chart for the year. Key months show exact subscriber count. See which months the channel gained or lost subs.

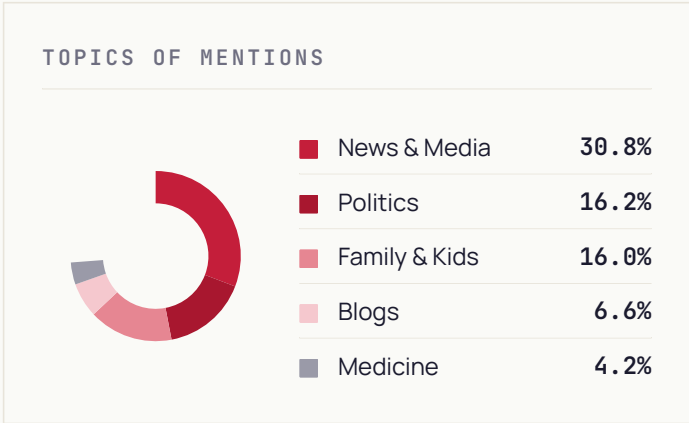
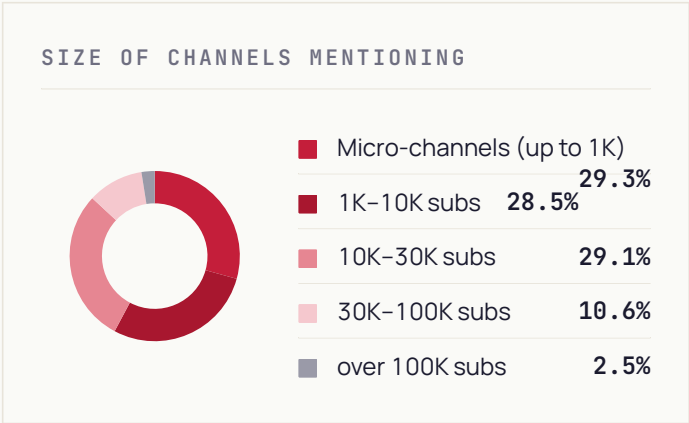
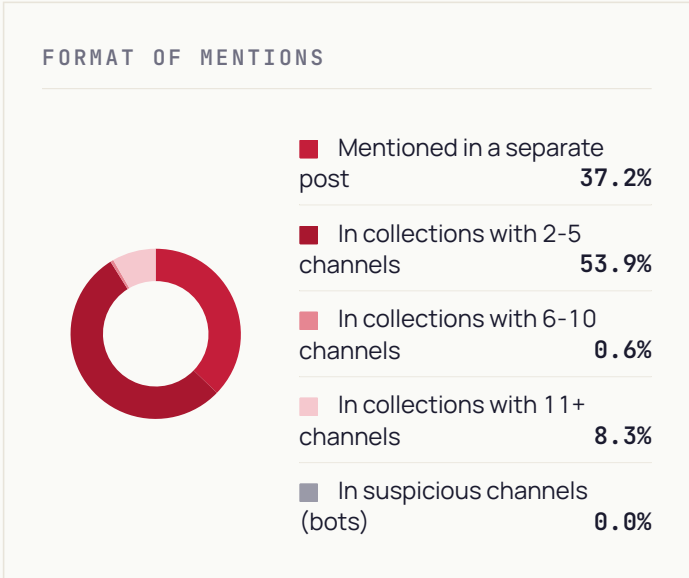
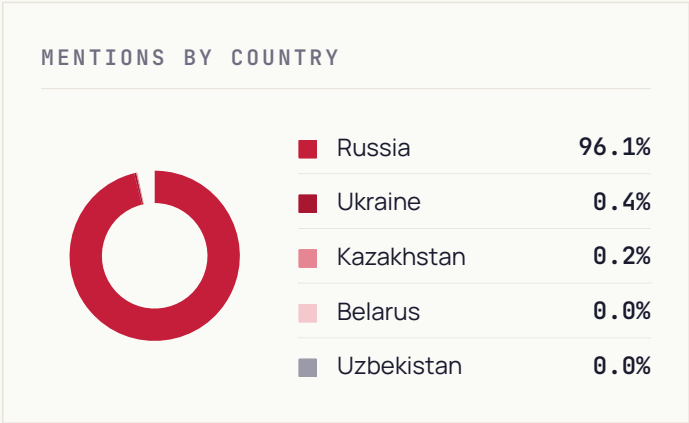


PERIOD START	NOW	NET GROWTH
17 787	24 568	+6 781

SECTION 04 · CITATIONS

Who mentions the channel and how

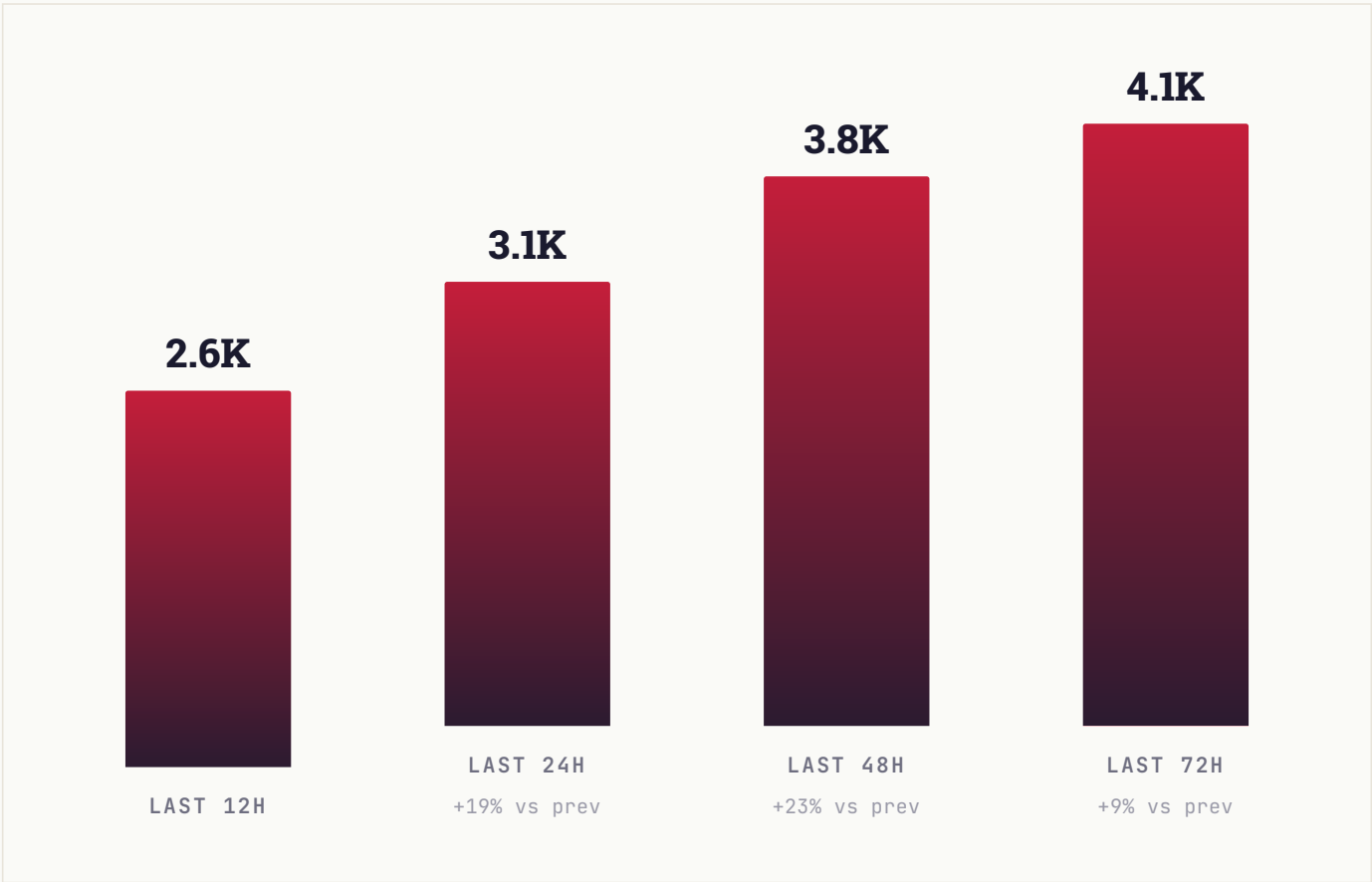
Citation index **62** — channel popularity rating based on mentions. Considers not only count but also weight of mentioners: a post from a 100K subs channel weighs more than from a 1K subs channel. All-time mentions: **213** different channels.



SECTION 05 · AD POTENTIAL

How long a post generates reach

Avg reach of ad post over time since publication. Helps estimate how long a placement stays relevant.



SECTION 06 · COMPETITORS

Who you compete with

11 closest channels by topic and audience. Your channel is highlighted — see its rank among niche neighbors.

CHANNEL	SUBSCRIBERS
DT Dr Tel	755.5K
BI Blog from the morgue	354.1K
تا تعليم اللغة الإنجليزية 🧑🏫	328.2K
🩹 الجراحة 🩹 Surgery 🩸 - Crypto currency	318.4K
EM Endocrinologist Magerya	292.5K
OF EXPERIENCED PHARMACIST	264.6K
AP APTEKA_TV	241.5K
MM Moscow Medicine	237.8K
🌿 F 🌿 Folk Medicine 🌿	235.1K
ZH HealthControl	222.2K
DD DOCTOR DENIS IVANOV YOU	24.6K

COMPARATIVE SUMMARY

Channel not yet outside top 97 of niche — early growth stage. Niche leader — Dr Tel (755.5K), median top-97: 103.2K. First goal: enter top-97 through systematic traffic & content work.

SECTION 07 · MENTION DYNAMICS

How often the channel is mentioned

Each month we record posts in other channels that mention your channel. Over the last **6 months** such mentions were **114**, they brought **5 868** new subs.

PERIOD	MENTIONS	CHANNELS	BROUGHT	SUBSCRIBERS
January 2026	32	26	860	
December 2025	30	23	2 465	
November 2025	17	16	1 479	
October 2025	17	16	578	
September 2025	5	4	317	
August 2025	13	11	169	

TOTAL MENTIONS	MONTHS IN DATA	ACQUIRED SUBSCRIBERS
114	6	5 868

Where the channel stands in its league

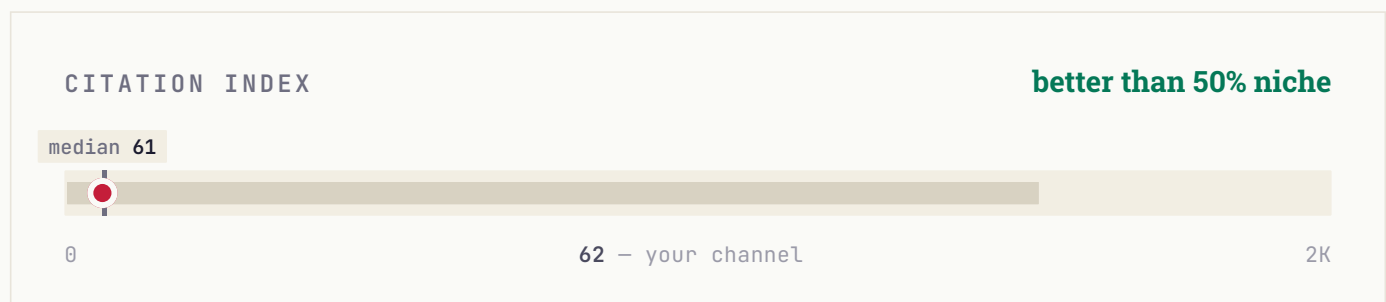
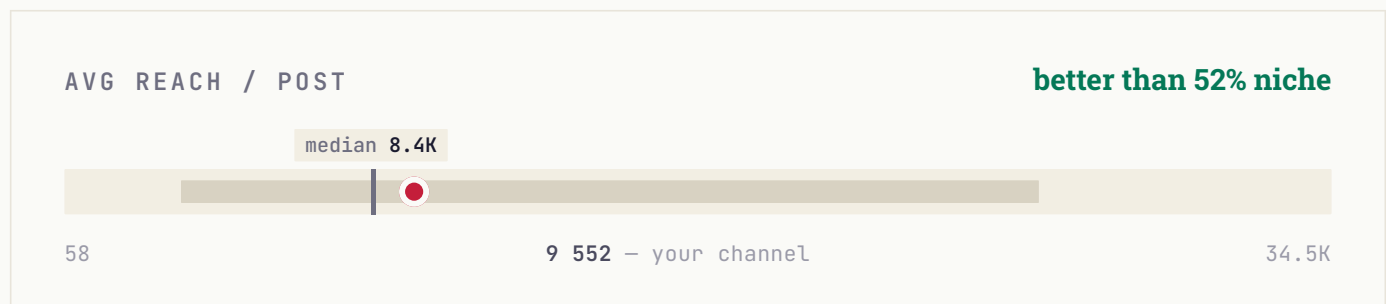
SUBSCRIBERS

77% below median

median 105.1K

36.2K 24 568 — your channel 284.7K

Metric	Value
Current Channel Subscribers	24,568
Median Subscribers	105.1K
Percentage Below Median	77%
Range (Min-Max)	36.2K - 284.7K



— SECTION 09 · STRATEGY

What to do right now

5 priority actions ranked by expected impact. Check them off and revisit this report in a month.

01

Increase posting frequency

Now 2.3 posts/wk. Active channels avg 7-10.
Consistency is key to retention.

EFFECT

**Consistency
beats volume**

02

Top post of the week — on Wednesday

Audience is most active on this day at 08:00 MSK.

EFFECT

**Best window
for key posts**

03

Increase video post share

Video in Telegram holds audience longer and is favored
by the algorithm. Aim for 15-25% share.

EFFECT

**Video retains
audience
better**

04

Systematic traffic buying

Three formats for your media: **Inhouse** (premium
channels), **Native** (native integrations), **Premium**
(target audience). PromptPress picks sources for your
niche.

EFFECT

**+1000-3000
subs**

05

Test polls & interactive formats

Posts with polls/reactions usually boost ER by 5-15%.
One weekly poll on a hot topic is an easy growth lever.

EFFECT

+5-15% ER

★ WHAT'S NEXT

Want this done by **PromptPress?**

This audit is what we can do in a few minutes from public data.
To go further — run ads through us and hit your growth target
in a month.

01	Launch Telegram ads	https://panel.promptpress.com/register
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02	Contact manager	t.me/PromptPress_manager
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